Precision Aesthetics MD

Precision Aesthetics MD precision Aesthetics MD Emsculpt, 10 W 74th St #1a, New York, NY 10023
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- Emsculpt NYC by Precision Aesthetics Md

Emsculpt

Directions to Precision Aesthetics Emsculpt

- NYC Emsculpt
- "Most taken with such procedures are women in the 35-to-50 age range.... While I've always managed to stay slim-ish without a ton of effort "

What Is **Emsculpt?** Here's Everything You Need to Know About the Body-Contouring Treatment

Most taken with such procedures are women in the 35-to-50 age range — aka me. While I've always managed to stay slim-ish without a ton of effort (Pringles for dinner and a dormant NYSC membership were hallmarks of my 20s), two kids and a 40th birthday can change a gal. Today, my diet would qualify as relatively carb-conscious and clean — a Pringle hath not crossed these lips in quite some time — and I spin almost every day. I feel stronger.

What sets Emsculpt apart from the pack is its duality: It not only implodes fat cells (for a 19 percent loss after four treatments), but simultaneously builds muscle fibers (by roughly 16 percent) for more defined abs and rounder rear-ends. One company-sponsored study even reported a 10 percent reduction in diastasis recti, the abdominal separation that occurs commonly in pregnancy. (Tummy

tuck surgery can correct the problem completely.)

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