

How to Win the Rat Race - 16 Rules to Live Your Life By

There is no finish line in the rat race, so how do you win? Can you even win? The answer is yes. Here are several rules to live by if you want to win a rat race.



1. Be aware that you are in a rat race.
2. Constantly improve and practice self awareness.
3. Remove money from your equation by making more or spending less.
4. Pay yourself first. Save 20% of each paycheck.
5. Create an income backup, an backup of your backup.
6. Only do only what you love to make money.
7. Appreciate, learn, and practice mediation.
8. Always keep your expenses low as your income grows.
9. Regularly make checklists of your goals.
10. Find work-life balance - Watch this brilliant Ted Talk: <https://goo.gl/7BwVi3>
11. Always take full responsibility and you will take full power over your life.
12. Invest in yourself.
13. Never rely on anyone or anything for money to survive. Be an entrepreneur.
14. Buy and rent property as soon as you can.
15. Never stop learning, studying, and educating yourself.
16. Never retire, because you truly love what you do.

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