Know the Right Spice to Use for your Favorite Dishes

If you don't know the right ingredients you certainly can't make the best of your favorite dish



- Allspice - chicken, fish, vegetables, dessert, fruit
- Anaise - Beef, fish, vegetables, dessert, soups, sauce, fruit
- Basil- Beef, chicken, lamb, fish, vegetables, pasta, soups, sauce, fruit
- Bay leaf - Beef, chicken, fish, pasta, soups, sauce, fruit
- Caraway seed - chicken, lamb, fish, vegetables, soups
- Cardamom - vegetables, dessert, fruit
- Chives - lamb, vegetables, pasta, soups, sauce
- Cilantro - Beef, vegetables, soups, sauce
- Cinnamon - Dessert, fruit
- Cloves - Dessert, sauce, fruit
- Coriander - chicken, vegetables, dessert, sauce, fruit
- Cumin, ground - Beef, chicken, fish, vegetables, sauce
- Dill - Beef, lamb, fish, vegetables, soups
- Fennel seed - lamb, fish, vegetables, fruit
- Garlic powder - chicken, fish, vegetables, past, soups, sauce
- Ginger - chicken, fish, dessert, sauce, fruit
- Marjoram - Beef, lamb, fish, vegetables, dessert, sauces
- Mustard - Beef, chicken, fish, vegetables, sauce

- [ ] Nutmeg - vegetables, pasta, dessert, fruit
- [ ] Onion powder - Beef, chicken, fish, vegetables, soups, sauce
- [ ] Oregano - chicken, fish, vegetables, pasta, soup, sauce
- [ ] Paprika - chicken, fish, vegetables, soups, sauces
- [ ] Rosemary - Beef, chicken, lamb, fish, vegetables, pasta, soups, sauce, fruit
- [ ] Sage - Beef, chicken, lamb, fish, vegetables, soups, sauce, fruit
- [ ] Salt - chicken, fish, vegetables, soups, sauce
- [ ] Sesame seeds - chicken, fish, vegetables, fruit
- [ ] Tarragon - Beef, chicken, lamb, fish, vegetables, soups, sauce
- [ ] Thyme - chicken, lamb, fish, vegetables, soups, sauce, fruit
- [ ] Tumeric - fish, sauce

Make and Share Free Checklists
checkli.com