

# Reading Food Labels

Work list for Miss. Franzen's Nutrition and Wellness class

- ☐ Did I fill out the SurveyMonkey Survey for Miss. Franzen?
- ☐ Did I fill out the first two columns of the KWL Chart?
- ☐ Did I participate/ did my group hand in our paper for our first group project?
- ☐ Did we place the ten food in correct order from least to greatest calories?
- ☐ Did I complete/hand in my nutrition label worksheet?
- ☐ Did I make proper corrections on my nutrition label worksheet and re-hand it in?
- ☐ Did I hand in my visual representation lab paper?
- ☐ Did I complete and hand in my final assessment of reading food labels?
- ☐ Did I complete the final column of the KWL Chart?