

Trendy Veggy Recipes

Certain produce like kale and cauliflower have started a veggie cooking craze. And guess what? You might learn to like them, too, with these easy "Trendy Veggy Recipes." Give it a shot!



- Cauliflower pizza crust <https://www.cookingclassy.com/cauliflower-pizza-crust-gf/>
- Spicy shrimp with cauliflower mash and garlic kale <https://pinchofyum.com/spicy-shrimp-cauliflower-mash-roasted-kale>
- Cauliflower cheddar fritters (pancakes) <http://gimmedelicious.com/2016/02/14/cauliflower-cheddar-fritters-pancakes/>
- Broccoli & coconut fritters <http://www.viva.co.nz/article/food-drink/broccoli-and-coconut-fritters-recipe/?ref=recipe>
- Eggplant skewers with mozzarella & tomatoes <http://www.viva.co.nz/article/food-drink/aubergine-skewers-recipe-with-mozzarella-and-tomato/?ref=recipe>
- Stuffed Kumara or sweet potato with chickpea & kale <http://www.viva.co.nz/article/food-drink/stuffed-kumara-recipe-with-chickpea-and-kale/?ref=recipe>
- Zucchini *noodles* with pesto and pine nuts <http://www.onceuponachef.com/2009/08/zucchini-noodles-with-pesto-pine-nuts.html>
- Balsamic roasted brussels sprouts <http://www.averiecooks.com/2015/08/balsamic-roasted-brussels-sprouts.html>
- Brown rice with pumpkin, black beans, and avocado <http://www.telegraph.co.uk/food-and-drink/recipes/brown-rice-bowl-with-chilli-fried-pumpkin-black-beans-and-avocado/>
- Walnuts, gorgonzola, pear & honey Avocado Toast <https://www.howsweeteats.com/2014/10/autumn-avocado-toast/>
- Taco-stuffed squash boats <http://smilesandwich.com/2014/07/22/taco-stuffed-summer-squash-boats/>