Trendy Veggy Recipes

Certain produce like kale and cauliflower have started a veggie cooking craze. And guess what? You might learn to like them, too, with these easy "Trendy Veggy Recipes." Give it a shot!



- [ ] Cauliflower pizza crust https://www.cookingclassy.com/cauliflower-pizza-crust-gf/
- [ ] Spicy shrimp with cauliflower mash and garlic kale https://pinchofyum.com/spicy-shrimp-cauliflower-mash-roasted-kale
- [ ] Cauliflower cheddar fritters (pancakes) http://gimmedelicious.com/2016/02/14/cauliflower-cheddar-fritters-pancakes/
- [ ] Broccoli & coconut fritters http://www.viva.co.nz/article/food-drink/broccoli-and-coconut-fritters-recipe/?ref=recipe
- [ ] Eggplant skewers with mozzarella & tomatoes http://www.viva.co.nz/article/food-drink/aubergine-skewers-recipe-with-mozzarella-and-tomato/?ref=recipe
- [ ] Stuffed Kumara or sweet potato with chickpea & kale http://www.viva.co.nz/article/food-drink/stuffed-kumara-recipe-with-chickpea-and-kale/?ref=recipe
- [ ] Zucchini *noodles* with pesto and pine nuts http://www.onceuponachef.com/2009/08/zucchini-noodles-with-pesto-pine-nuts.html
- [ ] Balsamic roasted brussels sprouts http://www.averiecooks.com/2015/08/balsamic-roasted-brussels-sprouts.html
- [ ] Brown rice with pumpkin, black beans, and avocado http://www.telegraph.co.uk/food-and-drink/recipes/brown-rice-bowl-with-chilli-fried-pumpkin-black-beans-and-avocado/
- [ ] Walnuts, gorgonzola, pear & honey Avocado Toast https://www.howsweeteats.com/2014/10/autumn-avocado-toast/
- [ ] Taco-stuffed squash boats http://smilesandwich.com/2014/07/22/taco-stuffed-summer-squash-boats/

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