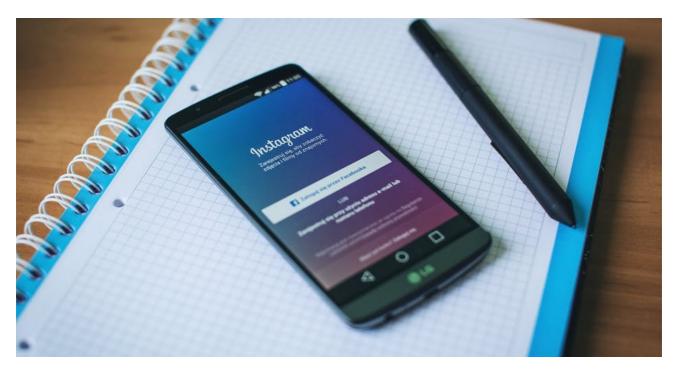
Grow your following on Instagram Here's what to do, what not to do, and more you haven't even thought about...



Define your audience
Follow specific people
Offer relevant and wonderful posts for your catered audience
Post regularly, roughly 1 post/day
Finalize a theme for your feed
Be authentic in your posts
Be strategic with your posts (be sure of what want to achieve or convey)
Don't feel like you need to open up for other market segments - stay focused!
Be insightful! Share your story to be relatable
Pay attention to times during the day and week that are most conducive to audience engagment