Self Esteem Affirmations

Daily Affirmations from Day 2 of our 5 Day Self Esteem E-course

- [ ] I have everything I need within myself
- [ ] I have much to celebrate about myself and my life
- [ ] I choose to stop apologizing for being me
- [ ] I love the person that I am
- [ ] I accept myself unconditinoally
- [ ] The only approval I'll ever need is mine
- [ ] Accept others as they are and they in turn accept me as I am

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