

Linen clothes: healing properties and advantages

Miitu is a company which proposes you to feel the unique properties of linen products! The main value of our clothes is natural and the most healing and biological properties of linen. It also provides a preventative effect on your health. Flax is an ancient culture that really brings health and longevity!

More details at <https://miitu.co.uk/>

Properties and Benefits of Linen Clothes

- ☐ Clothes are usually made of a variety of raw materials - natural fibres, artificial and synthetic. People know the clothes linen since ancient times. For several thousand years, flax is the raw material for the production of linen, home textiles and, of course, clothes. Linen fabrics have amazing properties, and in terms of hygiene are one of the best materials for clothing. Miitu proposes you to learn about the most useful properties of that fantastic fabric <https://miitu.co.uk/>.

Linen Healing Propertie

- ☐ Linen fabric has amazing bactericidal properties. It suppresses pathogenic microflora, helps to protect against various infections and fungi. Clothing and linen sheets are especially recommended for people who are prone to dermatological problems and allergies.

Hygroscopic Properties

- ☐ Linen fabric perfectly absorbs and evaporates moisture. Its good hygroscopicity makes it an excellent material for pyjamas, dresses and bed linens (especially in summer) because while sleeping the body temperature rises slightly and sweating increases.

Air Permeability and Thermogenic roperties

- ☐ Linen fabric is a good thermoregulator. Clothing made of linen fabric has a remarkable air permeability. Linen is very breathable due to its loose weave. In summer, linen clothing creates a feeling of coolness, removing excess heat from the skin. And in cold weather, on the contrary, it warms.

Static Resistant

- ☐ Another advantage of linen is its minimal ability to accumulate static electricity. That gives comfort in operation because the fabrics that accumulate static electricity get dirty much faster. In addition, linen resists pollution well.

Odour Resistance

- ☐ Due to the extensive pretreatments and antimicrobial properties, linens are also natural odour repellents. In clothes made of linen, unlike cotton, the unpleasant odours caused by the multiplication of bacteria in the sweat glands will not bother you. This is especially important for clothes which people wear in the hot season.

Durability



Linen fabrics are very durable, they are much stronger than, for example, cotton and wool, so linen clothes and textiles from this material will last for many years. Linen products withstand a large number of washings, even at high temperatures, while not losing their qualities and forms but become softer and more pleasant to the touch.

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