

A One-Page Packing Checklist

This is a travel packing checklist, not a list of items to bring on any particular trip! Rather, it's more like a "worst-case scenario", and functions as a self-imposed constraint, a pact — made with yourself — that "if it's not on my list, I won't put it in my bag" (see: Do I Really Need a Packing List?).

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|---|--|
| <input type="checkbox"/> dressy jacket | <input type="checkbox"/> 2-4 shirts/blouses/tops |
| <input type="checkbox"/> 2 pairs trousers/skirts (shorts?) | <input type="checkbox"/> 3+ pairs socks |
| <input type="checkbox"/> 3+ pairs undergarments | <input type="checkbox"/> long (lightweight) underwear |
| <input type="checkbox"/> swimsuit | <input type="checkbox"/> dark (cardigan) sweater |
| <input type="checkbox"/> rainwear (umbrella?) | <input type="checkbox"/> parka, coat, or equivalent |
| <input type="checkbox"/> long T-shirt or sarong (nightclothes?) | <input type="checkbox"/> necktie, scarf, shawl, hairband, bandanna |
| <input type="checkbox"/> gloves / mittens | <input type="checkbox"/> sun hat / knitted cap, hat clip |
| <input type="checkbox"/> 1 pair dressy shoes (laces?) | <input type="checkbox"/> 1 pair walking shoes/boots (laces?) |
| <input type="checkbox"/> flip-flops or sandals | <input type="checkbox"/> belt |