Rick's Packing List

Here's a rundown of what should go in your suitcase:

Shirts/blouses	Pants/shorts
Underwear and socks	Shoes
Sweater or lightweight fleece	Jacket
Tie or scarf.	Swimsuit
Sleepwear/loungewear	Money belt (or neck wallet)
Money	Documents
Guidebooks and maps	Small notepad and pen
Journal	Small day pack
Toiletries kit	Medicine and vitamins
Glasses/contacts/sunglasses	Sealable plastic baggies