

Beach Vacation Packing Checklist

Use this cheat sheet to remind yourself of what you need to pack (beyond clothes, of course!).

Accessories

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> Beach bag | <input type="checkbox"/> Flip-flops |
| <input type="checkbox"/> Glasses and/or contact lenses, if necessary (bring an extra pair, too) | <input type="checkbox"/> Sunglasses |
| | <input type="checkbox"/> Sun hat |

Clothing

- | | |
|-----------------------------------|--|
| <input type="checkbox"/> Swimsuit | <input type="checkbox"/> Swimsuit cover-up |
|-----------------------------------|--|

Equipment

- | | |
|--|---|
| <input type="checkbox"/> Alarm clock | <input type="checkbox"/> Batteries for small electronics and cameras |
| <input type="checkbox"/> Beach blanket | <input type="checkbox"/> Beach chairs |
| <input type="checkbox"/> Beach towels | <input type="checkbox"/> Beach toys |
| <input type="checkbox"/> Beach umbrella | <input type="checkbox"/> Camera (and film, if needed) |
| <input type="checkbox"/> Cell Phone | <input type="checkbox"/> Chargers for your cell phone, camera, video camera, and laptop |
| <input type="checkbox"/> Cooler | <input type="checkbox"/> Fishing poles |
| <input type="checkbox"/> Flotation devices | <input type="checkbox"/> Goggles |
| <input type="checkbox"/> Hair dryer | <input type="checkbox"/> iPod and iPod dock |
| <input type="checkbox"/> Snorkel and fins | |

Health and Beauty Items

- | | |
|--|--|
| <input type="checkbox"/> Aloe vera gel | <input type="checkbox"/> Antibacterial wipes |
| <input type="checkbox"/> Body lotion | <input type="checkbox"/> Comb and brush |
| <input type="checkbox"/> Contact lens solution, if needed | <input type="checkbox"/> Deodorant |
| <input type="checkbox"/> Face cleanser | <input type="checkbox"/> First aid kit, including gas relief tablets, antacid, antidiarrheal medicine, antihistamine for allergies, bandages, candied ginger for motion sickness, mild laxative, non-aspirin pain reliever, thermometer in a hard case |
| <input type="checkbox"/> Floss | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Lip balm (choose one with SPF 15) | <input type="checkbox"/> Personal-hygiene items |

Prescriptions

Shampoo and conditioner

Soap

Toothbrush

Razors

Shaving gel

Sunscreen (pack at least one all-purpose sunscreen with SPF 15)

Toothpaste

Miscellaneous

Addresses of friends and family for postcards

Healthy snacks, such as chewy granola bars, dried fruit, mini bagels, nuts, and pretzels

Money (cash, ATM cards, traveler's checks)

Travel journal

Travel-sized detergent

Books

Maps and directions (try randmncnally.com for maps, directions, and traffic information)

Printouts of reservations, if applicable

Travel pillow and blanket

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