

Beach Vacation Packing Checklist

Use this cheat sheet to remind yourself of what you need to pack (beyond clothes, of course!).

Accessories

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> Beach bag | <input type="checkbox"/> Flip-flops |
| <input type="checkbox"/> Glasses and/or contact lenses, if necessary (bring an extra pair, too) | <input type="checkbox"/> Sunglasses |
| | <input type="checkbox"/> Sun hat |

Clothing

- | | |
|-----------------------------------|--|
| <input type="checkbox"/> Swimsuit | <input type="checkbox"/> Swimsuit cover-up |
|-----------------------------------|--|

Equipment

- | | |
|--|---|
| <input type="checkbox"/> Alarm clock | <input type="checkbox"/> Batteries for small electronics and cameras |
| <input type="checkbox"/> Beach blanket | <input type="checkbox"/> Beach chairs |
| <input type="checkbox"/> Beach towels | <input type="checkbox"/> Beach toys |
| <input type="checkbox"/> Beach umbrella | <input type="checkbox"/> Camera (and film, if needed) |
| <input type="checkbox"/> Cell Phone | <input type="checkbox"/> Chargers for your cell phone, camera, video camera, and laptop |
| <input type="checkbox"/> Cooler | <input type="checkbox"/> Fishing poles |
| <input type="checkbox"/> Flotation devices | <input type="checkbox"/> Goggles |
| <input type="checkbox"/> Hair dryer | <input type="checkbox"/> iPod and iPod dock |
| <input type="checkbox"/> Snorkel and fins | |

Health and Beauty Items

- | | |
|--|--|
| <input type="checkbox"/> Aloe vera gel | <input type="checkbox"/> Antibacterial wipes |
| <input type="checkbox"/> Body lotion | <input type="checkbox"/> Comb and brush |
| <input type="checkbox"/> Contact lens solution, if needed | <input type="checkbox"/> Deodorant |
| <input type="checkbox"/> Face cleanser | <input type="checkbox"/> First aid kit, including gas relief tablets, antacid, antidiarrheal medicine, antihistamine for allergies, bandages, candied ginger for motion sickness, mild laxative, non-aspirin pain reliever, thermometer in a hard case |
| <input type="checkbox"/> Floss | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Lip balm (choose one with SPF 15) | <input type="checkbox"/> Personal-hygiene items |

- | | |
|--|--|
| <input type="checkbox"/> Prescriptions | <input type="checkbox"/> Razors |
| <input type="checkbox"/> Shampoo and conditioner | <input type="checkbox"/> Shaving gel |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Sunscreen (pack at least one all-purpose sunscreen with SPF 15) |
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Toothpaste |

Miscellaneous

- | | |
|---|---|
| <input type="checkbox"/> Addresses of friends and family for postcards | <input type="checkbox"/> Books |
| <input type="checkbox"/> Healthy snacks, such as chewy granola bars, dried fruit, mini bagels, nuts, and pretzels | <input type="checkbox"/> Maps and directions (try randmecnally.com for maps, directions, and traffic information) |
| <input type="checkbox"/> Money (cash, ATM cards, traveler's checks) | <input type="checkbox"/> Printouts of reservations, if applicable |
| <input type="checkbox"/> Travel journal | <input type="checkbox"/> Travel pillow and blanket |
| <input type="checkbox"/> Travel-sized detergent | |

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