

Summer Schedule For Kids

- ☐ 8:00: Eat breakfast, get dressed
- ☐ 8:30: Do Chores
- ☐ 9:00: Screen Time
- ☐ 10:00: Play outside
- ☐ 12:00: Lunch
- ☐ 1:00: Play games, go on an outing, do a project
- ☐ 3:00: Play time
- ☐ 4:30: Family reading time
- ☐ 5:00: Help cook dinner
- ☐ 6:00: Eat dinner
- ☐ 7:00: Watch TV
- ☐ 8:00: Take bath
- ☐ 8:30: Bedtime stories
- ☐ 9:00: Lights out