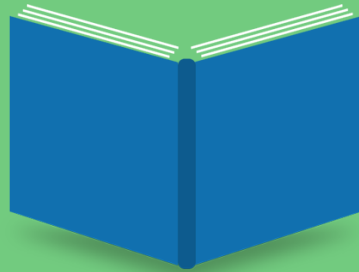


9 Self-Improvement Books That Changed My Life



- ☐ Man's Search For Meaning by Viktor Frankl
- ☐ The Power Of Now by Eckhart Tolle
- ☐ The Soul Of Money by Lynne Twist
- ☐ The Brain That Changes Itself by Norman Doidge
- ☐ Embracing Uncertainty by Susan Jeffers
- ☐ The Gifts Of Imperfection by Brené Brown
- ☐ The Examined Life by Stephen Grosz
- ☐ Why Zebras Don't Get Ulcers by Robert Sapolsky
- ☐ Out Of The Darkness by Steve Taylor