9 Self-Improvement Books That Changed My Life



- [ ] Man’s Search For Meaning by Viktor Frankl
- [ ] The Power Of Now by Eckhart Tolle
- [ ] The Soul Of Money by Lynne Twist
- [ ] The Brain That Changes Itself by Norman Doidge
- [ ] Embracing Uncertainty by Susan Jeffers
- [ ] The Gifts Of Imperfection by Brené Brown
- [ ] The Examined Life by Stephen Grosz
- [ ] Why Zebras Don’t Get Ulcers by Robert Sapolsky
- [ ] Out Of The Darkness by Steve Taylor

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