

# 20 Brilliant Self-Help Books You Need To Read

Self-help books can be the key that opens your whole world up to new possibilities. These books can teach us a new skill or open our mind.



- ☐ Mindset by Carol Dweck
- ☐ The 5 Love Languages by Gary Chapman
- ☐ Lean In by Sheryl Sandberg
- ☐ Wisdom Of The Ages by Wayne Dyer
- ☐ The Happiness Project by Gretchen Rubin
- ☐ Start With Why by Simon Sinek
- ☐ The 4 Hour Workweek by Timothy Ferris
- ☐ Rich Dad, Poor Dad by Robert Kiyosaki
- ☐ How To Win Friends and Influence People by Dale Carnegie
- ☐ Awaken The Giant Within by Anthony Robbins
- ☐ You Can Heal Your Life by Louise Hay
- ☐ Dying To Be Me by Anita Moorjani
- ☐ Who Moved My Cheese by Spencer Johnson, M.D.
- ☐ QBQ! The Question Behind The Question by John G. Miller
- ☐ Boundaries: When To Say Yes, How To Say No To Take Control Of Your Life by Dr. Henry Cloud and Dr. John Townsend
- ☐ The Secret by Rhonda Byrne
- ☐ Influence: The Psychology of Persuasion by Robert B. Cialdani, Ph.D.

☐ The Definitive Book Of Body Language by Barbara Pease and Allan Pease

☐ The War of Art: Break Through The Blocks and Wind Your Inner Creative Battles by Steven Pressfield

☐ Lead With Your Heart: Creating A Life of Love, Compassion and Purpose by Regina Lopez

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