12 MUST-READ BOOKS TO HELP YOU BECOME YOUR BEST SELF

One of my favorite hobbies is reading and listening to personal growth books. I love learning about myself and how to be the best version of me.



- [ ] Loving What Is by Byron Katie
- [ ] Playing Big by Tara Mohr
- [ ] Presence by Amy Cuddy
- [ ] Love Warrior: A Memoir by Glennon Doyle Melton
- [ ] Lean In: Women, Work, and the Will to Lead by Sheryl Sandberg
- [ ] Tiny Beautiful Things by Cheryl Strayed
- [ ] Awaken the Giant Within by Anthony Robbins
- [ ] The Universe Has Your Back by Gabrielle Bernstein
- [ ] Redefining Realness: My Path to Womanhood, Identity, Love & So Much More by Janet Mock
- [ ] Eat, Pray, Love by Elizabeth Gilbert
- [ ] Power of Vulnerability by Brené Brown (Audio only)
- [ ] You Are a Badass by Jen Sincero

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