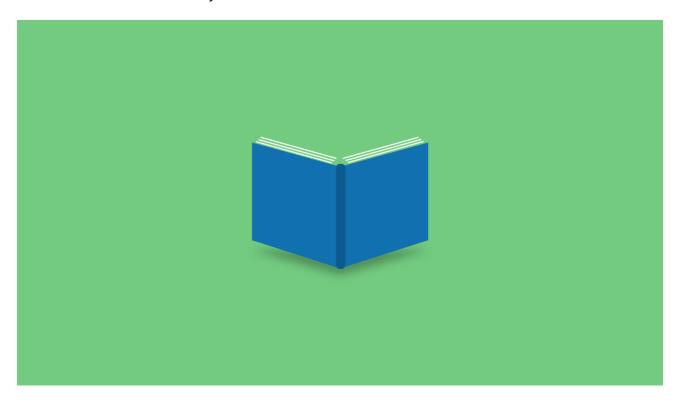
12 MUST-READ BOOKS TO HELP YOU BECOME YOUR BEST SELF

One of my favorite hobbies is reading and listening to personal growth books. I love learning about myself and how to be the best version of me.



Loving What Is by Byron Katie
Playing Big by Tara Mohr
Presence by Amy Cuddy
Love Warrior: A Memoir by Glennon Doyle Melton
Lean In: Women, Work, and the Will to Lead by Sheryl Sandberg
Tiny Beautiful Things by Cheryl Strayed
Awaken the Giant Within by Anthony Robbins
The Universe Has Your Back by Gabrielle Bernstein
Redefining Realness: My Path to Womanhood, Identity, Love & So Much More by Janet Mock
Eat, Pray, Love by Elizabeth Gilbert
Power of Vulnerability by Brené Brown (Audio only)
You Are a Badass by Jen Sincero