

Work out at home with our favorite pieces of indoor fitness gear

Just because it gets a little cold or wet outside doesn't mean you have to retire to your couch or grow a new love handle with each latte. There's always the gym, but getting there can be a struggle all on its own. If you're considering building a home gym, indoor fitness gear is a good place to start.



- ☐ Bowflex xtreme 2 SE
- ☐ Withings Body Cardio
- ☐ Wahoo Kickr Snap
- ☐ ProSource Multi-Grip Chin-Up/Pull-Up Bar
- ☐ Stamina Body Trac Glider 1050 Rowing Machine
- ☐ Peloton Bike
- ☐ NordicTrack C630
- ☐ PowerBlock Elite 90
- ☐ Xbox with Kinect and fitness games