Best Tips To Improve YourSelf

Some of the tips that I'm going to show will be easier to achieve than others. I suggest you to try to focus gradually on what really matters for you in this moment to your life.



- [ ] 1. LEARN HOW TO TREAT YOUR SELF
- [ ] 2. RAISE YOUR DISPOSITION TO LEARN
- [ ] 3. LEARN NEW SKILLS, HOBBIES & LANGUAGE
- [ ] 4. LIVE IN AN INSPIRATIONAL ENVOIRMENT
- [ ] 5. WRITE A LIFE DIARY
- [ ] 6. FIND STRENGTH IN DIFFICULT TIME
- [ ] 7. PURSUE GREATNESS
- [ ] 9. MAKE TO-DO LISTS
- [ ] 10. CREATE GOALS AND TARGETS
- [ ] 11. STOP PROCRASTINATING
- [ ] 12. SEIZE THE DAYS
- [ ] 13. CHANGE SOMEONE 'S BELIEFS
- [ ] 14. EVERYTHING YOU EXPERIENCE IS A LIFE LESSON
- [ ] 15. READ INSPIRING AND GREAT BOOKS
- [ ] 16. PREVENT NEGATIVE PEOPLE & THINK POSITIVE
- [ ] 15. READ INSPIRING AND GREAT BOOKS
- [ ] 17. LEAVE THE PAST BEHIND

- [ ] 18. QUIT BAD HABITS AND START NEW ONES
- [ ] 19. OVERCOME FEARS
- [ ] 20. TAKE A BREAK

Make and Share Free Checklists
checkli.com