# 7 Tips to Increase Your Productivity as a Student

As a student, you have a lot to do with what can feel like very little time. Alongside achieving the best grades, this is an important time to get plenty of rest, be social and take care of yourself. When you return to adult learning, there are some smart techniques you can use to increase your productivity and ensure that there is time to lead a balanced life.



- [ ] 1. Track Your Time
- [ ] 2. Take Regular Breaks
- [ ] 3. Set Yourself Deadlines
- [ ] 4. Plan Ahead
- [ ] 5. Eat Healthily
- [ ] 6. Get Plenty of Sleep
- [ ] 7. Group Your Errands

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