Kids’ bucket list: 50 simple things to enjoy this summer

Every summer, we come up with a little list of family-friendly things we want to do. The only rules are that everything on the list has to be about celebrating the simple things in life and they can’t be too expensive



- [ ] Eat breakfast outdoors.
- [ ] Run barefooted in the grass.
- [ ] Roll down a big hill.
- [ ] Make a daisy chain.
- [ ] Climb a tree.
- [ ] Take a bunch of cups, bowls and jugs into the garden for some water play.
- [ ] Have a water fight.
- [ ] Jump on a trampoline covered in water balloons.
- [ ] Spend the day in fancy dress.
- [ ] Have a picnic.
- [ ] Have a picnic indoors when it’s raining.
- [ ] Find a bridge over a river and have a game of Pooh Sticks.
- [ ] Go bug hunting in your garden or local park.
- [ ] Go for a walk in the woods.
- [ ] Do some bark rubbings.

- [ ] Get creative with some pavement chalks.
- [ ] Play a game of hop scotch
- [ ] Build a sandcastle.
- [ ] Dig a massive hole in the sand.
- [ ] Bury someone in it.
- [ ] Paddle in the sea.
- [ ] Collect some shells.
- [ ] Go looking for crabs.
- [ ] Take a pebble home and decorate it.
- [ ] Head to the local library and borrow as many books as you're allowed.
- [ ] Stay up late because you're having so much fun playing outdoors.
- [ ] Watch the sun set (if you're allowed to stay up that late!).
- [ ] Play outside even when it's raining.
- [ ] Have a disco in your living room.
- [ ] Build a den out of furniture, cushions and blankets.
- [ ] Feed the ducks or swans.
- [ ] Carry out a random act of kindness.
- [ ] Send a postcard to a friend or relative.
- [ ] Head out on your bike, scooter or roller skates.
- [ ] Eat chips at the seaside.
- [ ] Make home-made ice lollies.
- [ ] Have a family games night – board games, the Wii console, hide and seek… whatever works for you.
- [ ] Play 'restaurants' at meal times with the children taking the orders and cooking and serving the food as appropriate to their abilities.
- [ ] Make paper aeroplanes and fly them outside.
- [ ] Fly a kite.
- [ ] Visit somewhere you've never been before.
- [ ] Make homemade popcorn…
- [ ] …and have a family movie night. (One of these 80s movies might give you inspiration!)
- [ ] Buy a scrap book and stick in mementoes from your summer fun, and write about it.
- [ ] Grow a plant from a seed.
- [ ] Do a treasure hunt in your house or garden. Or go geo-caching if you're feeling adventurous.
- [ ] Put on a show for your parents/grandparents.

- [ ] Sort out your toy cupboard and give some things you no longer play with to charity or a friend who is younger than you.
- [ ] Unplug for a whole day – grown ups too. No TV, radio, computers, tablets, smart phones (except essential phone calls).
- [ ] Eat a massive ice cream.

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