

# Beach checklist for your Cape Town holiday apartment

When you're leaving your self-catering Cape Town holiday apartment behind to head for the beach, this checklist will help you make the most of the sea, sand, sun, views and sunsets.



- ☐ Early bird catches the worm
- ☐ Pack a hat
- ☐ Sunscreen
- ☐ Change of clothes
- ☐ Snack time
- ☐ Have a first aid kit handy
- ☐ Store electronics in plastic bags
- ☐ Safety
- ☐ Hydration
- ☐ Avoid alcohol
- ☐ Listen to the lifesavers