

50+ RECIPES FOR INDEPENDENCE DAY PICNICS

If you're looking for recipes for Independence Day, look no further! You'll find something for everyone on this great list.



APPETIZERS AND DIPS

- ☐ Vanilla Bean Yogurt Dip with Patriotic Fruit Skewers
- ☐ Hummus Spinach Artichoke Dip
- ☐ Garlic and Herb Stuffed Mini Sweet Peppers
- ☐ Black Bean and Feta Cheese Ugly Dip
- ☐ Hummus with Jalapeño and Lime
- ☐ Healthy Deviled Eggs
- ☐ Green Goddess Veggie Dips Cups
- ☐ Roasted Red Pepper Hummus
- ☐ Rainbow Pepper Salsa
- ☐ Dill Pickle Bites
- ☐ Summer Flatbread with Strawberries, Mango, Avocado, and Goat Cheese
- ☐ Mango, Avocado, Strawberry, Habanero Salsa

PASTA SALADS

- ☐ Orzo Salad with Yogurt Dill Dressing
- ☐ Herbed Israeli Couscous with Tomato and Mozzarella

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- ☐ Buffalo Chicken Pasta Salad
 - ☐ Orzo with Spinach and Tomatoes
 - ☐ Antipasto Pasta Salad
 - ☐ Sun-Dried Tomato Pesto Pasta
 - ☐ Pasta Salad with Artichokes and Lemon Vinaigrette
 - ☐ Pasta Salad with Tuna
 - ☐ Asian Noodle Salad
 - ☐ Greek Pasta Salad with Red Wine Vinaigrette
 - ☐ Italian Pasta Salad

POTATO SALADS

- ☐ Southwestern Grilled Sweet Potato Salad
- ☐ Red, White, and Blue Potato Salad
- ☐ Classic Mustard Potato Salad
- ☐ Roasted Potato and Vegetable Salad
- ☐ Chipotle Potato Salad with Crispy Shallots

SALADS

- ☐ Reduced Fat Cucumber Salad
- ☐ Quinoa Salad with Grapes and Celery
- ☐ Yogurt Broccoli Salad
- ☐ Candy Bar and Grape Salad
- ☐ Greek Flavored Butter Bean Salad
- ☐ Green Bean Cherry Tomato Salad
- ☐ Quinoa, White Bean, and Bell Pepper Salad
- ☐ Mexican Quinoa Salad
- ☐ Carrot Salad with Citrus and Pecans
- ☐ Layered Seven Bean Salad in a Jar
- ☐ Colorful Cruciferous Quinoa Salad
- ☐ Four Bean Salad with Quinoa, Sun-Dried Tomatoes and Sunflower Seeds
- ☐ Strawberry Broccoli Salad
- ☐ Mediterranean Confetti Quinoa Salad

☐ Black Bean and Barley Salad with Jalapeño Lime Dressing

☐ Mojito Fruit Salad

DESSERTS

☐ Patriotic Funfetti Sugar Cookies

☐ Easy One Bowl Brownies

☐ Flourless Peanut Butter Cup Swirl Brownies

☐ Black and White Dessert Bars (Grain Free)

☐ Trail Mix Cookies

☐ Brown Butter Churro Crispy Treats

☐ Key Lime Pie with Coconut Macaroon Crust

☐ 3 Ingredient No Bake Peanut Butter Oat Squares

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