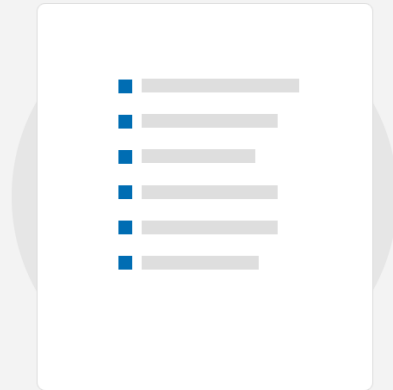


# The Pro Tips Football Camp Checklist

Training camp is where individual players forge themselves into an organized and powerful unit greater than the sum of its parts. It's where tradition is embraced, knowledge is gained, and toughness formed. But first, you'll need the right gear for football camp.



## FOR THE FIELD

- |   |   |
|---|---|
| <input type="checkbox"/> Football Helmet    | <input type="checkbox"/> Chinstrap                |
| <input type="checkbox"/> Mouth Guard        | <input type="checkbox"/> Shoulder Pads            |
| <input type="checkbox"/> Base Layer         | <input type="checkbox"/> Practice Jerseys         |
| <input type="checkbox"/> Compression Shorts | <input type="checkbox"/> Leggings                 |
| <input type="checkbox"/> Girdle With Pads   | <input type="checkbox"/> Cleats                   |
| <input type="checkbox"/> Football Duffel    | <input type="checkbox"/> Gloves                   |
| <input type="checkbox"/> Elbow Pads         | <input type="checkbox"/> Knee Braces              |
| <input type="checkbox"/> Football Towel     | <input type="checkbox"/> Wraps/Tapes              |
| <input type="checkbox"/> Cup                | <input type="checkbox"/> Football Pants/Belt/Pads |
| <input type="checkbox"/> Socks              | <input type="checkbox"/> Neckroll                 |

## FOR TRAINING/STUDY

- |   |   |
|---|---|
| <input type="checkbox"/> Athletic Shorts      | <input type="checkbox"/> Training Shoes |
| <input type="checkbox"/> Training Socks       | <input type="checkbox"/> T-shirts       |
| <input type="checkbox"/> Sweatshirt and pants | <input type="checkbox"/> Notepad/Pen    |

## ACCESSORIES

☐ Water Bottles

☐ Sweat Towels

☐ Energy Bars

☐ Mouth Guard

## FOR RESIDENTIAL CAMPS

☐ Toiletries

☐ Bath Towels

**Make and Share Free Checklists**  
[checkli.com](https://checkli.com)