The Pro Tips Football Camp Checklist

Training camp is where individual players forge themselves into an organized and powerful unit greater than the sum of its parts. It's where tradition is embraced, knowledge is gained, and toughness formed. But first, you'll need the right gear for football camp.



FOR THE FIELD

- [ ] Football Helmet
- [ ] Mouth Guard
- [ ] Base Layer
- [ ] Compression Shorts
- [ ] Girdle With Pads
- [ ] Football Duffel
- [ ] Elbow Pads
- [ ] Football Towel
- [ ] Cup
- [ ] Socks
- [ ] Chinstrap
- [ ] Shoulder Pads
- [ ] Practice Jerseys
- [ ] Leggings
- [ ] Cleats
- [ ] Gloves
- [ ] Knee Braces
- [ ] Wraps/Tapes
- [ ] Football Pants/Belt/Pads
- [ ] Neckroll

FOR TRAINING/STUDY

- [ ] Athletic Shorts
- [ ] Training Socks
- [ ] Sweatshirt and pants
- [ ] Training Shoes
- [ ] T-shirts
- [ ] Notepad/Pen

ACCESSORIES

- [ ] Water Bottles
- [ ] Energy Bars
- [ ] Sweat Towels
- [ ] Mouth Guard

FOR RESIDENTIAL CAMPS

- [ ] Toiletries
- [ ] Bath Towels

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