

The Pro Tips Baseball Checklist



EQUIPMENT

- | | |
|---|--|
| <input type="checkbox"/> Baseball Bat (Youth, Big Barrel, Senior League or BBCOR) | <input type="checkbox"/> Leather or Synthetic Baseball Glove |
| <input type="checkbox"/> Batting Helmet | <input type="checkbox"/> Protective Gear: Fielder's Guards, Chest, Wrist or Leg Guards, Athletic Cups & Supporters, Mouthguard |
| <input type="checkbox"/> Baseballs | <input type="checkbox"/> Baseball Bucket |
| <input type="checkbox"/> Batting Gloves | <input type="checkbox"/> Catcher's Gear, if Applicable: Helmet & Mitt, Chest Protector, Leg guards & Other Protective items |

APPAREL

- | | |
|---|---|
| <input type="checkbox"/> Cleats | <input type="checkbox"/> Practice Shirts |
| <input type="checkbox"/> Baseball Pants | <input type="checkbox"/> Baseball Sliders or compression Shorts |
| <input type="checkbox"/> Baselayers, Compression or Non-compression | <input type="checkbox"/> Baseball Belt |
| <input type="checkbox"/> On-Field Heart Protection Shirts | <input type="checkbox"/> Baseball Bag or Duffel |
| <input type="checkbox"/> Compression Arm or Leg Sleeves | <input type="checkbox"/> Ball Cap |

TRAINING AIDS

- | | |
|---|---|
| <input type="checkbox"/> Baseball Rebound Net | <input type="checkbox"/> Practice Balls |
| <input type="checkbox"/> Training Balls | <input type="checkbox"/> Swing trainers |

☐ Pitching Machines

ACCESSORIES

☐ Water Bottle

☐ Sports Drink

☐ Sunglasses

☐ Sunscreen

☐ Athletic Tape

☐ Eye Black

☐ Replacement Laces

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