

BABY PREP CHECKLIST

What to do before baby arrives, a checklist for mommy



FOR BABY

- | | |
|---|---|
| <input type="checkbox"/> Finish the nursery | <input type="checkbox"/> Pack a hospital bag |
| <input type="checkbox"/> Install the car seat | <input type="checkbox"/> Wash baby clothes |
| <input type="checkbox"/> Sanitize bottles/pumps | <input type="checkbox"/> Baby proof |
| <input type="checkbox"/> Assemble bassinet/crib | <input type="checkbox"/> Send thank you cards |
| <input type="checkbox"/> Stock up on diapers | |

FOR MOMMY

- | | |
|--|---|
| <input type="checkbox"/> Pamper yourself | <input type="checkbox"/> Clean the house |
| <input type="checkbox"/> Go on a date | <input type="checkbox"/> Pay bills |
| <input type="checkbox"/> Travel | <input type="checkbox"/> Tackle unfinished projects |
| <input type="checkbox"/> Freeze meals | <input type="checkbox"/> Catch up on sleep |
| <input type="checkbox"/> Visit Doctor | |