BABY PREP CHECKLIST

What to do before baby arrives, a checklist for mommy



FOR BABY

- [ ] Finish the nursery
- [ ] Install the car seat
- [ ] Sanitize bottles/pumps
- [ ] Assemble bassinet/crib
- [ ] Stock up on diapers
- [ ] Pack a hospital bag
- [ ] Wash baby clothes
- [ ] Baby proof
- [ ] Send thank you cards

FOR MOMMY

- [ ] Pamper yourself
- [ ] Go on a date
- [ ] Travel
- [ ] Freeze meals
- [ ] Visit Doctor
- [ ] Clean the house
- [ ] Pay bills
- [ ] Tackle unfinished projects
- [ ] Catch up on sleep

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