

# FIRST BABY CHECKLIST

Everything you need to buy.



## NURSERY

- |  |  |
|--|--|
| <input type="checkbox"/> Bassinet and crib | <input type="checkbox"/> Crib mattress           |
| <input type="checkbox"/> Noise machine     | <input type="checkbox"/> Dresser                 |
| <input type="checkbox"/> Changing area     | <input type="checkbox"/> Rocking chair or glider |
| <input type="checkbox"/> Baby monitor      |  |

## LINENS

- |   |   |
|---|---|
| <input type="checkbox"/> 2 quilted mattress pad       | <input type="checkbox"/> 2 fitted crib sheets |
| <input type="checkbox"/> 2-4 waterproof mattress pads | <input type="checkbox"/> 2 light blankets     |

## OTHER BABY ESSENTIALS

- |   |   |
|---|---|
| <input type="checkbox"/> New born size pacifier | <input type="checkbox"/> Infant car seat and stroller combo |
| <input type="checkbox"/> Pack-n-play for travel | <input type="checkbox"/> Sling/carrier                      |
| <input type="checkbox"/> Swing                  | <input type="checkbox"/> Bouncy seat                        |

## CHANGING TABLE

- |   |   |
|---|---|
| <input type="checkbox"/> Diapers ( plan on using 70-90 per week for the first six | <input type="checkbox"/> Disposable diaper wipes (alcohol-free) |
|---|---|

weeks, then 50 per week)

☐ Pad for baby to lie on during changing

☐ Diaper rash ointment or cream

☐ Diaper pail to dispose of soiled diapers

## BATH

☐ Baby bath tub

☐ 4-6 washcloths

☐ Baby soap

☐ Rounded-tip nail scissors or clippers

☐ 4 terry cloth bath towels

☐ Tearless shampoo

☐ Brush and comb

☐ Bulb syringe nasal aspirator

## EATING

☐ 1 bottle and nipple brush for cleaning

☐ 12 Burp cloths

☐ 12 Bottles

☐ Milk storage bags

☐ Dishwasher basket for bottles and nipples

☐ 12 Bips

☐ Breastpump

☐ Get soothing pads for nipples

## MEDICINE CABINET

☐ Thermometer

☐ Drops to relieve gas

☐ Cool mist vaporizer

☐ Pain reliever/fever reducer medicine

☐ Teething rings to soothe teething gums

☐ Infant sunscreen to apply over baby's bottom

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