

FIRST BABY CHECKLIST

Everything you need to buy.



NURSERY

- | | |
|--|--|
| <input type="checkbox"/> Bassinet and crib | <input type="checkbox"/> Crib mattress |
| <input type="checkbox"/> Noise machine | <input type="checkbox"/> Dresser |
| <input type="checkbox"/> Changing area | <input type="checkbox"/> Rocking chair or glider |
| <input type="checkbox"/> Baby monitor | |

LINENS

- | | |
|---|---|
| <input type="checkbox"/> 2 quilted mattress pad | <input type="checkbox"/> 2 fitted crib sheets |
| <input type="checkbox"/> 2-4 waterproof mattress pads | <input type="checkbox"/> 2 light blankets |

OTHER BABY ESSENTIALS

- | | |
|---|---|
| <input type="checkbox"/> New born size pacifier | <input type="checkbox"/> Infant car seat and stroller combo |
| <input type="checkbox"/> Pack-n-play for travel | <input type="checkbox"/> Sling/carrier |
| <input type="checkbox"/> Swing | <input type="checkbox"/> Bouncy seat |

CHANGING TABLE

- | | |
|---|---|
| <input type="checkbox"/> Diapers (plan on using 70-90 per week for the first six | <input type="checkbox"/> Disposable diaper wipes (alcohol-free) |
|---|---|

weeks, then 50 per week)

☐ Pad for baby to lie on during changing

☐ Diaper rash ointment or cream

☐ Diaper pail to dispose of soiled diapers

BATH

☐ Baby bath tub

☐ 4-6 washcloths

☐ Baby soap

☐ Rounded-tip nail scissors or clippers

☐ 4 terry cloth bath towels

☐ Tearless shampoo

☐ Brush and comb

☐ Bulb syringe nasal aspirator

EATING

☐ 1 bottle and nipple brush for cleaning

☐ 12 Burp cloths

☐ 12 Bottles

☐ Milk storage bags

☐ Dishwasher basket for bottles and nipples

☐ 12 Bips

☐ Breastpump

☐ Get soothing pads for nipples

MEDICINE CABINET

☐ Thermometer

☐ Drops to relieve gas

☐ Cool mist vaporizer

☐ Pain reliever/fever reducer medicine

☐ Teething rings to soothe teething gums

☐ Infant sunscreen (if baby goes outside)

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