

# 35 Items Packing Checklist for Travel with Baby

I still remember the first time, we travelled with my daughter. She was 6 months old and I had been thinking and planning for it for almost a month. I had then created my checklist which served me well on subsequent travels.



## Diaper Bag

- |  |  |
|--|--|
| <input type="checkbox"/> 1) Diapers            | <input type="checkbox"/> 2) Changing pad   |
| <input type="checkbox"/> 3) Wipes              | <input type="checkbox"/> 4) Hand Sanitizer, wet wipes  |
| <input type="checkbox"/> 5) Diaper rash cream  | <input type="checkbox"/> 6) Baby Lotion  |
| <input type="checkbox"/> 7) Plastic bags       | <input type="checkbox"/> 8) Blankets   |
| <input type="checkbox"/> 9) Mosquito repellent | <input type="checkbox"/> 10) Old newspapers can come handy while disposing away stuff or while feeding baby to ensure there is limited mess. |

## Feeding

- |   |   |
|---|---|
| <input type="checkbox"/> 11) Bottles                                      | <input type="checkbox"/> 12) Formula  |
| <input type="checkbox"/> 13) Water flask                                  | <input type="checkbox"/> 14) Bibs   |
| <input type="checkbox"/> 15) Extra pacifiers                              | <input type="checkbox"/> 16) Baby's favorite biscuits or other easy to carry food, if baby has started having solids. |
| <input type="checkbox"/> 17) Ready to mix baby cereal and baby food jars. | <input type="checkbox"/> 18) Carry fruits like bananas or cheeku which are easy to feed.                              |
| <input type="checkbox"/> 19) Breast pads                                  | <input type="checkbox"/> 20) Some burp clothes  |

## Bathing Supplies

- ☐ 21) Baby's soap, shampoo, oil, powder, lotion, cream etc.
- ☐ 22) 2-3 towels.
- ☐ 23) An inflatable tub can be very helpful in bathing baby in a new place.

## First-Aid

- ☐ 24) Baby's medicines for fever, loose motions, cough and cold.
- ☐ 25) Vitamins and tonics that baby is taking.
- ☐ 26) Thermometer
- ☐ 27) Nasal aspirator to clear a congested nose
- ☐ 28) Calamine lotion to soothe insect bites etc.
- ☐ 29) Nail clippers to trim baby's nails
- ☐ 30) Antiseptic solution, cotton and bandage

## Clothes & Toys

- ☐ 31) Carry enough clothes to last the duration of your travel. 2-3 pairs per day is a good number. Carry clothes based on weather.
- ☐ 32) Socks, shoes, booties.
- ☐ 33) Baby's favorite toys to keep busy and distract.

## Baby Gear

- ☐ 34) Front carrier or sling to carry baby around, in case you use it for keeping your hands free.
- ☐ 35) A lightweight stroller, if possible

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