SOCCER EQUIPMENT CHECKLIST

For college programs, soccer season is already in full force. Conversely, some high school teams won't kick off till February or March. Regardless, there are still plenty of tasks you need to accomplish before you start the season, and having the right equipment has to be near the top of the list.



Balls

- [ ] Self-explanatory, though some coaches make a habit of running drills without them. The ratio should always be one ball per player, but one ball per two players isn't bad either. You should also have a ball pump or two for unforeseen accidents.

Cones/Markers

- [ ] When running drills, set pieces, or other formations, it's important that you have enough cones to mark where you need players to set up on the field. While it's a bit easier if you're training indoor, you want enough cones to be able to mark the drills so multiple players can train at the same time.

Soccer Socks/Shin Guards

- [ ] We know some schools provide them and some schools do not. It's just important that your athletes are wearing them to prevent injury. It sounds preposterous, but we've seen coaches who have players train without their shin guards, leading to some awful practice injuries. Shin guards should completely protect a player's leg, and soccer socks should cover the entirety of the shin guard.

Pinnies

- [ ] Scrimmages are a key component of practice, as are getting the right plays down for set pieces. Pinnies are important for teaching players how to mark effectively, as well as determining sides on a scrimmage.

Soccer Goals

- [ ] Ideally, you have your own place to train. If not, then portable soccer goals are your next best bet. While most fields have larger soccer goals, a nice to have are those smaller soccer goals for 4-on-4, 5-on-5 and other smaller drills.

Water Bottles

- [ ] Even better if they are team-branded.

Film Software

- [ ] You didn't think we'd go without a Krossover mention did you? A great film breakdown software is essential to your team's improvement and with a one game trial of Krossover, we know you'll see that difference.

Advanced Equipment

- [ ] Soccer rebounders can increase your overall productivity during practice. Agility ladders and hurdles can aid your team's overall strength and conditioning.

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