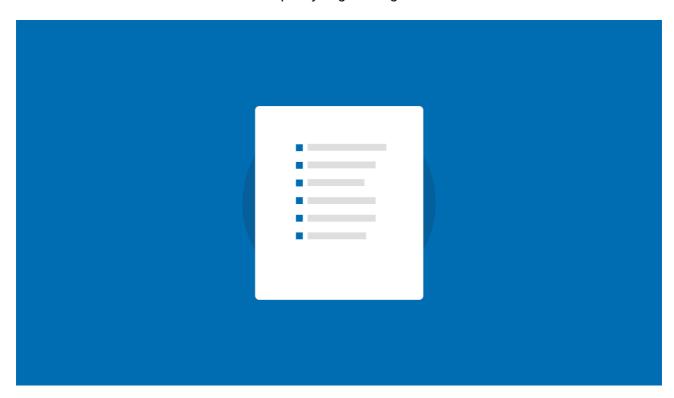
## The Most Complete (and Free) Bug Out Bag Checklist

Before you begin filling your bug out bag with all your survival gear and supplies, you need a highquality bug out bag.



## A QUALITY BUG OUT BAG

1 – Bug Out Bag
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## **WATER AND HYDRATION TOOLS**

2 - Stainless Steel Water Bottle
3 - Water Purification Tablets
4 – Portable Water Filter
5 – Expedition Jerrycan Filtration System

## **FOOD SUPPLIES AND TOOLS**

6 - Calorie Dense Food Bars
7 - Freeze Dried Meals
8 - Military Meals (MRE - Meal, Ready to Eat
9 - Eating Utensils
10 - Small Collapsible Cup/Bowl
11 - Braided Fishing Line

12 - Fishing Pole (small, collapsing, or pocket)
13 - Yo-Yo Fishing Reels
14 – Hook, Swivel, Sinker Set
15 - Portable Light Weight Stove
16 – Stove Fuel
17 - Snare Wires
18 - Survival Slingshot
19 - Daily Multivitamin Supplement
CLOTHING AND WARMTH SUPPLIES
20 - Fresh Socks
21 – Quick Drying Undergarments
22 - Sewing Kit
23 – Safety Pins
24 - Survival Gloves
25 - Stocking Cap
26 - Body Warmers
27 - Rain Poncho with Hood
SHELTER AND BEDDING OPTIONS
28 – Tarp Shelter
29 - Survival Hammock
30 – TACT Bivvy
30 - TACT Bivvy 31 - Sleeping Pad
31 - Sleeping Pad
31 - Sleeping Pad 32 - Zip Ties
31 - Sleeping Pad 32 - Zip Ties
31 - Sleeping Pad 32 - Zip Ties 33 - Paracord Survival Kit
31 - Sleeping Pad 32 - Zip Ties 33 - Paracord Survival Kit  FIRESTARTING TOOLS AND GEAR
31 - Sleeping Pad 32 - Zip Ties 33 - Paracord Survival Kit  FIRESTARTING TOOLS AND GEAR 34 - Waterproof Survival Matches

38 - Vaseline	
39 - Small Magnifying Glass	
40 - Small Waterproof Storage Container	
FIRST AID AND MEDICAL SUPPLIES	
41 - Personal Medications	
42 – Wound Gauze Roll	
43 - Surgical Tape	
44 - Band-Aids / Mole Skin Pads	
45 - Neosporin	
46 - Pain Killers	
47 - Blood Clotting Sponge	
48 - Super Glue	
49 - Vaseline	
50 - Survival Antibiotics	
51 - Sterile Alchohol Prep Pads	
52 – Hydrogen Peroxide	
53 - Q-tips Cotton Swabs	
54 - Tweezers and Nail Clippers	
55 - Insect Repellent	
56 - Sun Screen	
PERSONAL HYGIENE ITEMS	
57 - Moist Towelettes	
58 - Mini-Toothbrushes	
59 - Mini-Toothpaste Tubes	
60 - Dental Floss	
61 - Sportsman Soap	
62 - Tampons	
63 - Hand Sanitizer	
64 - Bandana	

CORE SURVIVAL TOOLS
65 - High-Quality Compass
66 - Tough Compact Folding Shovel
67 - Survival Knife
68 - Survival Series Multi Tool Pliers
69 – Portable Solar Charger
70 – Survival Hatchet
71 – Small Wire Saw
LLUMINATION TOOLS
72 - Super Bright LED Headlamp
73 – Super Bright LED Tactical Flashlight
74 – Glow Sticks
COMMUNICATION DEVICES
75 - Hand Crank AM/FM/NOAA Digital Radio
76 - Two-Way Walkie Talkie Radios
77 - Protected Smart Phone
78 – Small Signaling Mirror
79 - Notepad and Pencil
80 - Multi-Functional Survival Whistle
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SELF DEFENSE TOOLS
81 – Survival Firearm
82 - Firearm Ammunition
83 - Knuckle Blaster Stun Gun
84 - Takedown Survival Bow
85 - Pepper Spray
MISC SURVIVAL TOOLS AND SUPPLIES
86 - Carabineers

87 - Rechargeable Batteries
88 - Cash or Rare Metal Coins
89 - Playing Cards
90 - Sunglasses
91 - Personal Credit Cards
92 - Drivers License / Passport
93 - Small Roll Of Duct Tape
94 – Local Area Topographical Map
95 - Gas Mask
96 - Camo Face Paint Sticks
97 - Family Photos
98 - Set Of Broadheads
99 - Spare Pair Of Corrective Lenses
100 - Mosquito Head Net
101 - Survival Watch
102 - Electrical Tape
103 - Trekking Poles
ULTIMATE "DONE FOR YOU" BUG OUT BAG
104 – Done For You Bug Out Bag Build
FINAL WORDS OF ADVICE
My final word of advice is to take action today using this free bug out bag checklist. If you don't already have a bug out bag, invest in one today.  Make and Share Free Checklists checkli.com