

Canoe Multiday Touring Checklist

Planning a paddle-camping vacation by canoe? Our comprehensive checklist includes required and optional gear, clothing, accessories and more.



Canoe Basics

- ☐ Canoe
- ☐ Paddle (1 per paddler)
- ☐ Extra paddle
- ☐ Personal flotation device (1 per paddler)
- ☐ Extra PFD
- ☐ Seat
- ☐ Knee pads
- ☐ Yoke (with pads)
- ☐ Dry bags (for gear organization)
- ☐ Spray covers
- ☐ Weather/VHF radio
- ☐ Signaling devices (whistle, mirror, flares)
- ☐ Float bags
- ☐ Emergency floating throw line (with throw bag)
- ☐ Bailer or bilge pump
- ☐ Sponges

Core Gear

- ☐ Maps and charts in waterproof case
- ☐ Compass
- ☐ GPS
- ☐ Matches/lighter/fire starter in waterproof container
- ☐ Knife or multi-tool
- ☐ Two-way radios
- ☐ Cell phone in protective bag
- ☐ Multifunction watch
- ☐ Headlamp or flashlight (with extra batteries)
- ☐ First-aid supplies (see our First-Aid Checklist)
- ☐ Sunglasses
- ☐ Sunscreen
- ☐ Lip balm
- ☐ Water bottles (filled)
- ☐ Water treatment method (and backup)
- ☐ Energy food (bars, gels, trail mix)
- ☐ Beverages or powdered drinks

Camping Basics

- ☐ Tent, tarp or bivy sack
- ☐ Sleeping bag
- ☐ Sleeping pad
- ☐ Meals and snacks
- ☐ Cooler (with ice)
- ☐ Stove and fuel
- ☐ Cookset and utensils
- ☐ Dishes, bowls and cups
- ☐ Insect repellent (plus headnet, if needed)
- ☐ Toilet paper and sanitation trowel
- ☐ Hand sanitizer

- ☐ Camera
- ☐ Binoculars
- ☐ Packable lantern
- ☐ Credit card; small amount of cash
- ☐ Trip itinerary left with friend + under car seat

Clothing

- ☐ Dry suit or top
- ☐ Paddling gloves or pogies
- ☐ Neoprene footwear
- ☐ Sandals
- ☐ Helmet
- ☐ Sun-shielding hat
- ☐ Hat or cap retainer
- ☐ Skullcap
- ☐ Bandana or buff
- ☐ Wool/synthetic cap or balaclava
- ☐ Moisture-wicking T-shirt
- ☐ Moisture-wicking underwear
- ☐ Rashguard
- ☐ Swimsuit
- ☐ Shorts or convertible pants
- ☐ Sun-shielding shirt (long sleeves) and pants
- ☐ Spray jacket or rainwear (jacket and pants)
- ☐ Synthetic vest or jacket (for insulation)
- ☐ Synthetic gloves or mittens

Repair-Kit Options

- ☐ Sealant (such as Aquaseal)
- ☐ Bailing wire (copper, small roll)
- ☐ Nylon cord (or bungee cords)
- ☐ Putty

☐ Replacement nuts/bolts

☐ Repair/duct tape

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