Packing Checklist for Big Kids(6-8)

Big boys and girls grow up fast, but they still need help packing their stuff. Here's everything you need to get them prepared for your next trip



Suitcase

Clothes

- [ ] Outfits (1 per day + 1 extra)
- [ ] Dressy outfit
- [ ] Socks (1 per day + 1 extra)
- [ ] Underwear (1 per day + 1 extra)
- [ ] Pajamas (2-3 pairs per week)
- [ ] Shoes/sandals
- [ ] Barrettes/ponytail holders
- [ ] Waterproof jacket with hood
- [ ] Hat

Child's Carry-on Bag/Tote

- [ ] Wallet/souvenir money
- [ ] MP3 player + charger

- [ ] Deck of cards
- [ ] Homework/textbooks
- [ ] Journal/notebook and pen
- [ ] Washable markers
- [ ] Activity books
- [ ] Children's book
- [ ] Gameboy or another handheld game

Your Carry-on/Tote

- [ ] Child's sweatshirt/hoodie/sweater
- [ ] Child's passport if traveling internationally
- [ ] Kid-friendly snacks (crackers, freeze-dried fruit, nuts, string cheese, etc.) lollipops for takeoff and landing to relieve ear pressure if you're flying (or get a favorite drink once through security or from a flight attendant before takeoff)
- [ ] Lollipops for takeoff and landing to relieve ear pressure if you're flying (or get a favorite drink once through security or from a flight attendant before takeoff)
- [ ] A couple of small favorite toys and a couple of new toys
- [ ] Extra shirt for child
- [ ] Extra shirt for you
- [ ] Laptop, tablet computer or portable DVD player with favorite DVD
- [ ] Plastic bags (for storing clothes that get dirty, motion sickness emergencies, etc.)
- [ ] Favorite blanket
- [ ] Stuffed animal/doll
- [ ] Pajamas
- [ ] Tissues
- [ ] Sunscreen
- [ ] Digital thermometer
- [ ] Children's nasal saline drops
- [ ] Children's acetaminophen
- [ ] Prescription medications
- [ ] Aantibiotic ointment
- [ ] Bandages

Gear

- [ ] Booster seat

Bath

- [ ] Shampoo/conditioner
- [ ] Soap
- [ ] Toothbrush
- [ ] Toothpaste
- [ ] Comb/hairbrush

Sun/Pool/Beach

- [ ] 2 swimsuits
- [ ] Life vest
- [ ] Earplugs
- [ ] Beach towel
- [ ] Bug spray

Cold Weather/Snow

- [ ] Gloves/mittens
- [ ] Parka
- [ ] Snow boots
- [ ] Snow pants
- [ ] Warm hat

Health and Safety

- [ ] Children's aspirin/pain reliever
- [ ] Basic first aid kit

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