

# Packing Checklist for Big Kids(6-8)

Big boys and girls grow up fast, but they still need help packing their stuff. Here's everything you need to get them prepared for your next trip



## Suitcase

### Clothes

- ☐ Outfits (1 per day + 1 extra)
- ☐ Dressy outfit
- ☐ Socks (1 per day + 1 extra)
- ☐ Underwear (1 per day + 1 extra)
- ☐ Pajamas (2-3 pairs per week)
- ☐ Shoes/sandals
- ☐ Barrettes/ponytail holders
- ☐ Waterproof jacket with hood
- ☐ Hat

### Child's Carry-on Bag/Tote

- ☐ Wallet/souvenir money
- ☐ MP3 player + charger

- ☐ Deck of cards
- ☐ Homework/textbooks
- ☐ Journal/notebook and pen
- ☐ Washable markers
- ☐ Activity books
- ☐ Children's book
- ☐ Gameboy or another handheld game

## Your Carry-on/Tote

- ☐ Child's sweatshirt/hoodie/sweater
- ☐ Child's passport if traveling internationally
- ☐ Kid-friendly snacks (crackers, freeze-dried fruit, nuts, string cheese, etc.) lollipops for takeoff and landing to relieve ear pressure if you're flying (or get a favorite drink once through security or from a flight attendant before takeoff)
- ☐ Lollipops for takeoff and landing to relieve ear pressure if you're flying (or get a favorite drink once through security or from a flight attendant before takeoff)
- ☐ A couple of small favorite toys and a couple of new toys
- ☐ Extra shirt for child
- ☐ Extra shirt for you
- ☐ Laptop, tablet computer or portable DVD player with favorite DVD
- ☐ Plastic bags (for storing clothes that get dirty, motion sickness emergencies, etc.)
- ☐ Favorite blanket
- ☐ Stuffed animal/doll
- ☐ Pajamas
- ☐ Tissues
- ☐ Sunscreen
- ☐ Digital thermometer
- ☐ Children's nasal saline drops
- ☐ Children's acetaminophen
- ☐ Prescription medications
- ☐ Antibiotic ointment
- ☐ Bandages

## Gear

☐ Booster seat

## Bath

☐ Shampoo/conditioner

☐ Soap

☐ Toothbrush

☐ Toothpaste

☐ Comb/hairbrush

## Sun/Pool/Beach

☐ 2 swimsuits

☐ Life vest

☐ Earplugs

☐ Beach towel

☐ Bug spray

## Cold Weather/Snow

☐ Gloves/mittens

☐ Parka

☐ Snow boots

☐ Snow pants

☐ Warm hat

## Health and Safety

☐ Children's aspirin/pain reliever

☐ Basic first aid kit

**Make and Share Free Checklists**  
[checkli.com](https://checkli.com)