

Every Single Item Your Kids Need to Bring to Summer Camp

I have spent 12 summers of my life at Summer camp as a camper, volunteer, or counselor. I can tell you firsthand that attending camp can help children learn new skills, make lifelong friendships, and grow as people. All that fun and growth requires a lot of preparation — before they can hop in the lake or learn how to ride a horse, you've got to pack their bags.



Clothing

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|--|---|
| <input type="checkbox"/> Socks | <input type="checkbox"/> Swimsuits/trunks |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> T-shirts |
| <input type="checkbox"/> Hoodie and/or sweatshirt | <input type="checkbox"/> Warm hat |
| <input type="checkbox"/> Baseball cap | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Long pants | <input type="checkbox"/> Jeans |
| <input type="checkbox"/> Jacket | <input type="checkbox"/> Raincoat |
| <input type="checkbox"/> Dress clothes for a dance or candlelight dinner | <input type="checkbox"/> Underwear |
| <input type="checkbox"/> Warm pajamas | <input type="checkbox"/> Tennis shoes |
| <input type="checkbox"/> Hiking shoes | <input type="checkbox"/> Slip-on shoes |
| <input type="checkbox"/> Sandals | <input type="checkbox"/> Dress shoes |

Toiletries

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| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Toothbrush |
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|---|--|
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Conditioner |
| <input type="checkbox"/> Body wash/bar soap | <input type="checkbox"/> Bath towel |
| <input type="checkbox"/> Beach towel | <input type="checkbox"/> Waterproof sunblock |
| <input type="checkbox"/> Bug spray or wipes | <input type="checkbox"/> Brush |
| <input type="checkbox"/> Hair ties, if needed | <input type="checkbox"/> Deodorant |
| <input type="checkbox"/> Shaving products | <input type="checkbox"/> Feminine products |
| <input type="checkbox"/> Band-Aids | <input type="checkbox"/> Lip balm |
| <input type="checkbox"/> Any medications your child needs | <input type="checkbox"/> Laundry detergent, if a washer is available |

Cabin Gear

- | | |
|--|---|
| <input type="checkbox"/> Sleeping bag | <input type="checkbox"/> Sheets |
| <input type="checkbox"/> Blanket | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Books to read | <input type="checkbox"/> Stationary |
| <input type="checkbox"/> Flashlight | <input type="checkbox"/> Water bottle |
| <input type="checkbox"/> Deck of cards | <input type="checkbox"/> Clip-on fan |
| <input type="checkbox"/> Disposable or digital camera, if phones are not permitted | <input type="checkbox"/> Any special equipment they may need to participate in activities |
| <input type="checkbox"/> Money for the store, unless your camp wants you to make payments directly | |

What Not to Bring

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|--|---|
| <input type="checkbox"/> Anything that you wouldn't want to get dirty, lost, stolen, or damaged. | <input type="checkbox"/> Open-toed shoes |
| | <input type="checkbox"/> Perfume or cologne |
| <input type="checkbox"/> A cell phone, tablet, handheld gaming system, or computer | <input type="checkbox"/> Food items |
| <input type="checkbox"/> Nonprescription medications | |

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