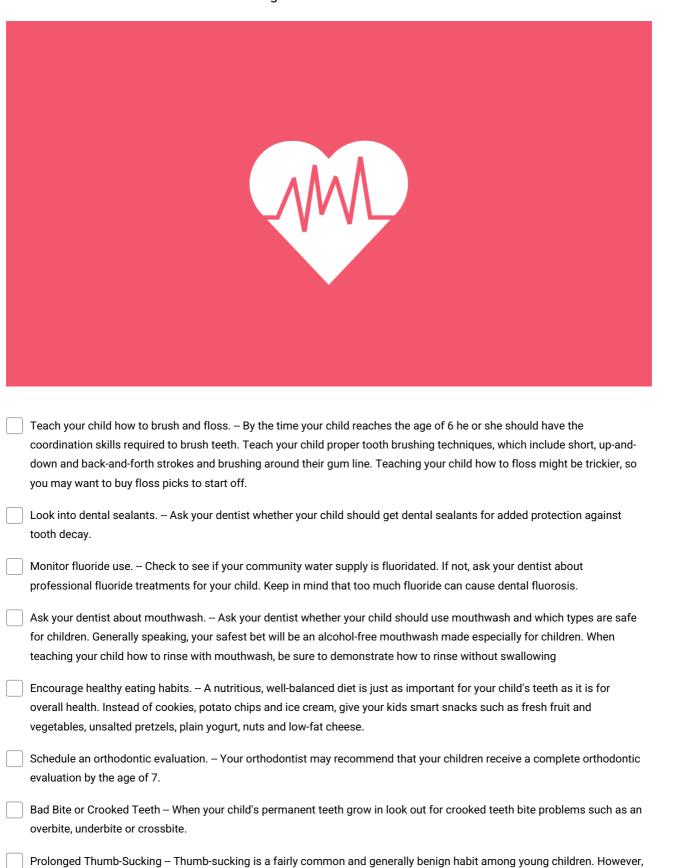
## **Dental Care Checklist - Kids**

Now that your kids are a little older and their permanent teeth are growing in, it's a great time to teach them good dental care habits.



if your child is still thumb sucking after the age of 5, speech and bite problems may start to develop. You can play an active role in helping your child break a thumb-sucking habit by establishing a reward system: Place stickers or gold stars on a

calendar for each day your child doesn't suck his or her thumb and have a big Make aand Share Free Checklists

