

The 50 Best Self-Help Books of 2014

Self-help books cover topics ranging from business, to relationships, to creativity and peace. It's a lot to cover in one ranking, but below we've ranked 2014's top self-help books as ranked by Amazon users. If you're looking to change your life, conquer bad habits, start a business, or continue an inner journey, there's something for you on this list. Enjoy!



- ☐ 1. MONEY Master the Game: 7 Simple Steps to Financial Freedom by STEVE FORBES
- ☐ 2. Being Mortal: Medicine and What Matters in the End by Atul Gawande
- ☐ 3. The 5 Love Languages: The Secret to Love that Lasts by Dr. Gary Chapman
- ☐ 4. Quiet: the Power of Introverts in a World That Can't Stop Talking by Susan Cain
- ☐ 5. The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing by Marie Kondo.
- ☐ 6. The Four Agreements: A Practical Guide to Personal Freedom (A Toltec Wisdom Book) by Don Miguel Ruiz
- ☐ 7. The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are by Dr. Brene Brown
- ☐ 8. The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change by Steven R. Covey
- ☐ 9. Wreck This Journal (Black) Expanded Edition by Keri Smith
- ☐ 10. The Power of Now: A Guide to Spiritual Enlightenment by
- ☐ 11. Mindset: The New Psychology of Success by Carol Dweck
- ☐ 12. The Charisma Myth: How Anyone Can Master the Art and Science of Personal Magnetism
- ☐ 13. Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead by Dr. Brene Brown
- ☐ 14. How to Win Friends & Influence People by Dale Carnegie

- ☐ 15. The Power of Habit: Why We Do What We Do by Charles Duhigg
- ☐ 16. 16. Co-creating at its Best: A Conversation Between Master Teachers by Dr. Wayne W. Dye
- ☐ 17. Everything I need to Know I learned From a Little Golden Book by Diane Muldrow
- ☐ 18. Outliers: The Story of Success by Malcolm Gladwell
- ☐ 19. What I know For Sure by Oprah Winfrey
- ☐ 20. The Untethered Soul: The Journey Beyond Yourself by Michael Singer
- ☐ 21. How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber and Elaine Mazlish
- ☐ 22. Good Dog: True Stories of Love, Loss, and Loyalty by Garden and Gun and David DiBenedetto
- ☐ 23. The Motivation Manifesto by Brendon Burchard
- ☐ 24. Think and Grow Rich: The Landmark Bestseller by Napoleon Hill
- ☐ 25. Getting Things Done: The Art of Stress Free Productivity by David Allen
- ☐ 26. 26. Crucial Conversations: Tools for Talking When Stakes Are High by Kerry Patterson, Joseph Grenny, Ron McMillan, and Al Switzler
- ☐ 27. The Secret by Rhonda Byrne
- ☐ 28. 28. Boundaries: When to Say Yes, How to Say No to Take Control of Your Life by Dr. Henry Cloud and Dr. John Townsend
- ☐ 29. Lean In: Women, Work, and the Will to Lead by Sheryl Sandberg
- ☐ 30. Awaken the Giant Within: How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny! by Tony Robbins
- ☐ 31. The Art of Stillness: Adventures in Going Nowhere by Pico Iyer
- ☐ 32. Growing Up Duggar: It's All About Relationships by Jana, Jill, Jessa, and Jinger
- ☐ 33. When Things Fall Apart: Heart Advice for Difficult Times by Pema Chodron
- ☐ 34. Gratitude and Trust: Six Affirmations That Will Change Your Life by Paul Williams (an alcoholic) and Tracey Jackso
- ☐ 35. The 4-Hour Workweek: Escape 9-5, Live Anywhere, and Join the New Rich by Timothy Ferriss
- ☐ 36. The Art of War by Sun Tzu
- ☐ 37. Everything I need to Know About Christmas I learned From a Little Golden Book by Diane Muldrow
- ☐ 38. How to Be Parisian Wherever You Are: Love, Style, and Bad Habits by Anne Berest, Audrey Diwan, Caroline de Maigret, and Sophie Mas
- ☐ 39. The Seven Principles for Making Marriage Work: A Practical Guide from the Country's Foremost Relationship Expert by John Gottman
- ☐ 40. The 48 Laws of Power by Robert Greene
- ☐ 41. Q&A a Day: 5-Year Journal
- ☐ 42. Act Like a Success, Think Like a Success: Discovering Your Gift and the Way to Life's Riches by Steve Harvey
- ☐ 43. One Zentangle A Day: A 6-Week Course in Creative Drawing for Relaxation, Inspiration, and Fun by Beckah Krahula
- ☐ 44. Ask More, Get More: How to Earn More, Save More, and Live More... Just by ASKING by Michael Alden

- ☐ 45. Influence: The Psychology of Persuasion by Robert Cialdini, Ph.D
- ☐ 46. Waking Up: A Guide to Spirituality Without Religion by Sam Harris
- ☐ 47. The War of Art: Break Through the Blocks and Win Your Inner Creative Battles by Steven Pressfield
- ☐ 48. Make Up: Your Life Guide to Beauty, Style, and Success—Online and Off by Michelle Phan
- ☐ 49. A New Earth: Awakening to Your Life's Purpose by Eckhart Tolle
- ☐ 50. You Can, You Will: 8 Undeniable Qualities of a Winner by Joel Olsteen

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