

CAMP INSPIRE SELF-HELP BEHAVIOR CHECKLIST



Meal time

- ☐ Can drink from a cup or glass
- ☐ Can eat with spoon or fork
- ☐ Can cut food with knife
- ☐ Will use a napkin
- ☐ Can pour liquids into a cup
- ☐ Will eat neatly and slowly
- ☐ Can open snack food bag
- ☐ Has basic table manners

Dressing

- ☐ Can put on pants
- ☐ Can put on shirt
- ☐ Can button up shirt/pants
- ☐ Can tie shoe laces
- ☐ Can put on underwear
- ☐ Can put on socks
- ☐ Can put on belt

Hygiene

- ☐ Can wash hands
- ☐ Can shower entire body
- ☐ Can wash and rinse hair
- ☐ Uses toilet paper Flushes toilet when through Goes to bathroom independently Uses deodorant Brushes teeth
- ☐ Flushes toilet when through Goes to bathroom independently Uses deodorant Brushes teeth
- ☐ Goes to bathroom independently
- ☐ Uses deodorant Brushes teeth
- ☐ Brushes teeth

Social

- ☐ Can name various emotions
- ☐ Demonstrates humor
- ☐ Aware of others needs
- ☐ May be hurtful to self
- ☐ May be hurtful to others
- ☐ May be destructive to property
- ☐ May display disruptive behavior
- ☐ Cooperative
- ☐ Will take turns
- ☐ Will follow directions of counselor
- ☐ Will play sports
- ☐ Can swim
- ☐ Afraid of water
- ☐ May wander of

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