CAMP INSPIRE SELF-HELP BEHAVIOR CHECKLIST



Meal time

- [ ] Can drink from a cup or glass
- [ ] Can eat with spoon or fork
- [ ] Can cut food with knife
- [ ] Will use a napkin
- [ ] Can pour liquids into a cup
- [ ] Will eat neatly and slowly
- [ ] Can open snack food bag
- [ ] Has basic table manners

Dressing

- [ ] Can put on pants
- [ ] Can put on shirt
- [ ] Can button up shirt/pants
- [ ] Can tie shoe laces
- [ ] Can put on underwear
- [ ] Can put on socks
- [ ] Can put on belt

Hygiene

- [ ] Can wash hands
- [ ] Can shower entire body
- [ ] Can wash and rinse hair
- [ ] Uses toilet paper Flushes toilet when through Goes to bathroom independently Uses deodorant Brushes teeth
- [ ] Flushes toilet when through Goes to bathroom independently Uses deodorant Brushes teeth
- [ ] Goes to bathroom independently
- [ ] Uses deodorant Brushes teeth
- [ ] Brushes teeth

Social

- [ ] Can name various emotions
- [ ] Demonstrates humor
- [ ] Aware of others needs
- [ ] May be hurtful to self
- [ ] May be hurtful to others
- [ ] May be destructive to property
- [ ] May display disruptive behavior
- [ ] Cooperative
- [ ] Will take turns
- [ ] Will follow directions of counselor
- [ ] Will play sports
- [ ] Can swim
- [ ] Afraid of water
- [ ] May wander of

Make and Share Free Checklists
checkli.com