

A Checklist of 12 Science-of-Love Approved Wedding Vows, 2 of 2



- ☐ 1. "I vow to think highly of you, and seek to know and appreciate you for who you are, as well as who you aspire to become."
- ☐ 2. I vow to support your personal growth, and my participation in promoting your growth as connected to my own.
- ☐ 3. "I vow to honor your freedom as a choice maker, that though we are a partnership, your choices are ultimately your own to make."
- ☐ 4. "I vow to be interested in and understand your wants and needs, fears and challenges, dreams and aspirations."
- ☐ 5. "I vow to love you in ways that convey, from a place of joy, I genuinely want you to be happy, to have what you want and need."
- ☐ 6. "I vow to be present for you, emotionally, mentally and physically, when you reach for me in challenges and triumphs."
- ☐ 7. "I vow to disallow my past to negatively influence our present and future together as individuals and a couple.
- ☐ 8. "I vow to do my part to keep our lives fun, to keep our lives exciting, adventurous, and full of passion."
- ☐ 9. "I vow to believe in your and my capacity, as individuals and partners, to triumph over and conquer any challenges we may face."
- ☐ 10. "I vow to celebrate your successes, big and small, to promote your dreams and goals."
- ☐ 11. "I vow to treat you with dignity, thoughtfulness and compassion, especially in challenging times or moments."
- ☐ 12. "I vow to let you know, with word or action, how much I appreciate having you in my life."