Elastic Beanstalk with RDS and SEQUELIZE migrations

Create and EBS applications (eb init, eb create on aws cli) or through the AWSUI
Create an EBS environment (staging, testing, production, etc)
Create RDS on AWS UI
Create security group on RDS, add it to the EBS application. This allows the EBS to connect to the RDS and have them indenpendent of each other. See: https://amzn.to/208oLId
Add process.env vars about DB to your EBS through AWS UI
Update config/config.js in your Node app to include the new process.env vars to connect
Update location of Node in EBS container. It is not in the usual spot. See: https://bit.ly/2wQGT2I
Run your sequelize migrations using the .ebextensions folder. See: https://bit.ly/2wNcn8U and https://bit.ly/2wNcn8U