

Endometriosis

Endometriosis (en-doe-me-tree-O-sis) is an often painful disorder in which tissue that normally lines the inside of your uterus — the endometrium — grows outside your uterus.



Symptoms

- ☐ The primary symptom of endometriosis is pelvic pain, often associated with your menstrual period. Although many women experience cramping during their menstrual period, women with endometriosis typically describe menstrual pain that's far worse than usual. They also tend to report that the pain increases over time.
- ☐ Painful periods (dysmenorrhea). Pelvic pain and cramping may begin before your period and extend several days into your period. You may also have lower back and abdominal pain.
- ☐ Pain with intercourse. Pain during or after sex is common with endometriosis.
- ☐ Pain with bowel movements or urination. You're most likely to experience these symptoms during your period.
- ☐ Excessive bleeding. You may experience occasional heavy periods (menorrhagia) or bleeding between periods (menometrorrhagia).
- ☐ Infertility. Endometriosis is first diagnosed in some women who are seeking treatment for infertility.
- ☐ Other symptoms. You may also experience fatigue, diarrhea, constipation, bloating or nausea, especially during menstrual periods.