

Shopping List - Fri Night Dinner

Sprout's, TJ's

- ☐ 1 can full fat coconut milk
- ☐ 1 can low fat coconut milk
- ☐ 2 20 oz cans of jackfruit
- ☐ 1 can chipotle peppers in adobo sauce
- ☐ 3-4 limes
- ☐ Corn tortillas
- ☐ butter lettuce
- ☐ 1 bunch of parsley
- ☐ 1 bunch of cilantro
- ☐ 1 medium serrano pepper