

# PANDAS Symptoms Checklist

Symptoms include sudden onset of OCD and/or Severe Anxiety along with at least two other following symptoms:



- Sensory sensitivities
- Separation anxiety
- Sleep difficulties
- Personality changes
- Urinary frequency
- Tics or abnormal movements
- Irritability or aggression
- Inability to concentrate or ADHD
- Deterioration in learning abilities
- Developmental and age regression