

PANDAS Symptoms Checklist

Symptoms include sudden onset of OCD and/or Severe Anxiety along with at least two other following symptoms:



- ☐ Sensory sensitivities
- ☐ Separation anxiety
- ☐ Sleep difficulties
- ☐ Personality changes
- ☐ Urinary frequency
- ☐ Tics or abnormal movements
- ☐ Irritability or aggression
- ☐ Inability to concentrate or ADHD
- ☐ Deterioration in learning abilities
- ☐ Developmental and age regression