

# 19 THINGS NEVER TO SAY TO SOMEONE WITH ENDOMETRIOSIS



- 1. Have you tried yoga?
- 2. I get cramps too
- 3. Take some Tylenol
- 4. You don't look sick
- 5. Everyone gets tried.
- 6. Have you tried..?
- 7. You are too young to be sick
- 8. It must be nice not having to work
- 9. I wish i had time to take a nap
- 10. What do you do all the day? Lay around the pool?
- 11. Mind over matter
- 12. Think positively
- 13. Just push through it
- 14. I'll get better. just be positive
- 15. My daughter, friend etc. has that and she's fine
- 16. Are you pregnant yet?
- 17. You should stop...

- 18. You are just stressed, tired, depressed
- 19. You take too many medications
- The one thing you should say.." I Believe You"

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