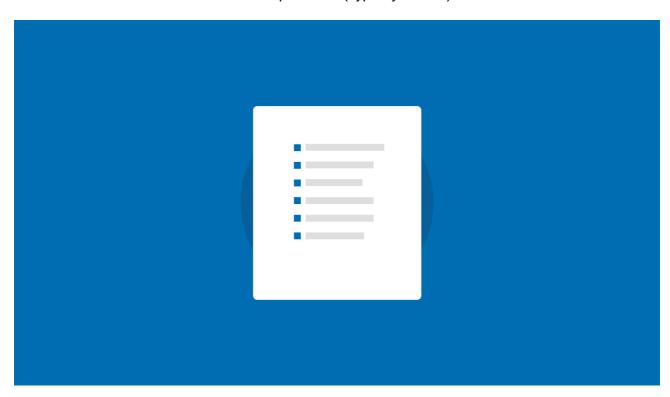
30 Thyroid Disorder Symptoms and Signs

Thyroid disease is common. Thyroid disease can result from conditions that cause over-or underfunction of the thyroid gland. When the gland produces too much thyroid hormone, the condition is known as hyperthyroidism. When the gland does not function sufficiently, there is too little thyroid hormone produced (hypothyroidism).



Hypothyroidism (Underactive Thyroid) Symptoms and Signs

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Hypothyroidism is a deficiency of thyroid hormone, which normally is made by the thyroid gland. The thyroid gland has a butterfly shape, and is located in the front of the neck. Eighteen hypothyroidism symptoms and signs include:
1. Fatigue
2. Weakness
3. Intolerance to cold
4. Muscle aches and cramps
5. Constipation
6. Weight gain or difficulty losing weight
7. Poor appetite
8. Goiter (enlarged thyroid gland)
9. Dry, rough skin
10. Coarse hair or hair loss
11. Eye and face swelling
12. Deeper and/or hoarse voice
13. Enlarged tongue

14. Irregular or heavy menstrual periods	
15. Depression	
16. Memory loss	
17. Slowed thinking and mental activity	
18. Increased blood cholesterol levels	
Symptoms and signs of hyperthyroidism	
1. Nervousness, tremor, agitation	
2. Irritability	
3. Poor concentration	
4. Reduced menstrual blood flow in women	
5. Racing heartbeat or palpitations	
6. Heat intolerance	
7. Changes in bowel habits, such as more frequent bowel movements	
8. Enlargement of the thyroid gland	
9. Skin thinning	
10. Brittle hair	
11. Increase in appetite, feeling hungry	
12. Sweating	Make and Share Free Checklists checkli.com