44 Vegan Thanksgiving Menu Ideas

A free list of vegan thanksgiving menu ideas. Share with friends and family, or with co-workers when organizing a vegan potluck meal.



Appetizers

- [ ] Wild Mushroom Croustades
- [ ] Fresh Apple Tarts with Phyllo
- [ ] Cumin Apple Chips
- [ ] Flaxseed Crackers
- [ ] Coconut Crusted Tofu with Creamy Green Curry Dipping Sauce
- [ ] Fig and Olive Tapenade
- [ ] Vegan Spinach Dip
- [ ] Squash Parsley Dip

Soups, Salads, and Sides

- [ ] Vegan Biscuits
- [ ] Sun-dried Tomato and Butternut Squash Bisque
- [ ] Vegan Corn Chowder
- [ ] Quick Black Bean and Sweet Potato Chili
- [ ] Broccoli Spinach Quinoa Soup
- [ ] Vegan Cornbread

- [ ] Autumn Kale Salad
- [ ] Candied Lime Sweet Potatoes
- [ ] Roasted Butternut Squash with Sage Citrus
- [ ] Green Beans with Lemon-Almond Pesto
- [ ] Roasted Cauliflower Salad with Spicy Dressing
- [ ] Crowd-Pleasing Vegan Thanksgiving Stuffing
- [ ] Balsamic Roasted Brussels Sprouts
- [ ] Vegan Gravy
- [ ] Glazed Ginger and Tamarind Carrots
- [ ] Caramelized Beets
- [ ] Saffron Mashed Potatoes
- [ ] Jellied Cranberry Sauce

Main Course

- [ ] Aubergine Tower with Tofu and Vegetables
- [ ] Roasted Acorn Squash Stuffed with Wild Rice Salad
- [ ] Seitan Stuffed with Walnuts, Dried Cranberries, and Raisins
- [ ] Maple Glazed Tempeh, Squash, and Brussels Sprouts
- [ ] Red Quinoa Pilaf with Kale and Corn
- [ ] Lentil Walnut Apple Loaf
- [ ] Potato and Portobello Mushroom Gratin
- [ ] Butternut Squash and Mushroom Tart
- [ ] Baked Leek and Sweet Potato Gratin

Dessert

- [ ] Pumpkin Pie Ice Cream
- [ ] Crustless Pumpkin Pie
- [ ] Maple Pecan Pie
- [ ] Chocolate Avocado Mousse with Fresh Raspberries
- [ ] Gluten-Free and Vegan Apple Crisp
- [ ] Cranberry Sorbet
- [ ] Chai Spice Snickerdoodles

- [ ] Pumpkin Gingerbread with Spiced Buttercream
- [ ] Pumpkin Spice Rice Pudding

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