Practice Questions and Answers for Adoptive Parents

A free checklist for adoptive parents. Save or print a copy.



1. Who is the driving force for wanting to adopt?

- [ ] Me (definitely)
- [ ] Me (a little bit more than my spouse)
- [ ] My spouse/partner (definitely)
- [ ] My spouse/partner (a little bit more)
- [ ] Both want to adopt about the same

2. Will this driving force dynamic cause conflict in your relationship?

- [ ] Yes
- [ ] No
- [ ] Possibly

3. What age child would you prefer to adopt?

- [ ] Newborn (under six months)
- [ ] Infant (newborn to 2)
- [ ] Preschooler (3 to 5)
- [ ] Primary school (6 to 10)

- [ ] Middle school (11 to 14)
- [ ] High school (15 to 18)

4. How firm are you on the age selected above?

- [ ] Absolutely firm
- [ ] Willing to explore slightly older/younger
- [ ] Not sure at all

5. Which of the following racial heritages would you be willing to consider in an adoptive child? (Select all that apply)

- [ ] Any Child
- [ ] Asian
- [ ] Black
- [ ] Caucasian
- [ ] Caucasian/Black
- [ ] Hispanic
- [ ] Native American
- [ ] Multi-Racial

6. Which gender would you prefer in your child?

- [ ] Girl
- [ ] Boy
- [ ] Either

7. Would you consider twins?

- [ ] Yes
- [ ] No

8. Would you consider siblings?

- [ ] Yes
- [ ] No

9. Which of the following disabilities or risk factors would are you willing to consider in an adoptive child? (Check all that apply)

- [ ] Alcohol exposed (occasional)
- [ ] Alcohol exposed (frequent)
- [ ] Drug exposed (occasional)
- [ ] Deafness
- [ ] Developmental disabilities (mild)
- [ ] Developmental disabilities (moderate)
- [ ] Developmental disabilities (severe)
- [ ] Mild or medically correctable condition
- [ ] Smoking exposed
- [ ] Emotional/mental disorders in family
- [ ] Emotional/mental disorders in child
- [ ] Premature birth
- [ ] Club foot
- [ ] Cleft palate or lip
- [ ] Down Syndrome
- [ ] Epilepsy in child
- [ ] Epilepsy in family
- [ ] Blindness
- [ ] Diabetes in child
- [ ] Diabetes in family
- [ ] Conceived through rape
- [ ] Conceived through incest
- [ ] Nothing known about father
- [ ] Nothing known about mother

10. Do you feel you are stable in your relationship as a couple without having children?

- [ ] Yes
- [ ] No
- [ ] Unsure

11. Will friends and family members be supportive of your plans to adopt?

- [ ] Yes
- [ ] No
- [ ] Unsure

12. What level of openness are you willing to consider with birth parents?

- [ ] Identifying open adoption
- [ ] Open adoption without sharing identifying information
- [ ] Exchanging letters and photos only
- [ ] Completely confidential (closed) adoption

13. Where would you be willing to go to adopt? (Select all that apply)

- [ ] Only in our state
- [ ] Neighboring states
- [ ] Anywhere in U.S.
- [ ] International

14. Have you put an adoption budget together?

- [ ] Yes
- [ ] No
- [ ] Don’t know where to begin

15. When and how do you feel children should be told they're adopted?

- [ ] As early as possible
- [ ] Mid- to late-childhood
- [ ] As adults
- [ ] Only when they ask
- [ ] Only when they find out
- [ ] Never
- [ ] Not sure

16. Would you support/assist your child if he/she wanted to search, contact, or have a

relationship with his/her birthparents?

- [ ] Yes
- [ ] No
- [ ] Don't know

17. Will you or your partner change your workload or work schedule outside the home after the adoption?

- [ ] Yes, I will stay at home with the child
- [ ] Yes, my partner will stay at home with the child
- [ ] I will reduce my work load to part time
- [ ] My partner will reduce his/her work load to part time
- [ ] Will remain the same
- [ ] Already stay-at-home

18. Are you ready to love an adopted child as much as one you gave birth to biologically?

- [ ] Yes
- [ ] No
- [ ] I think so
- [ ] I don't know

19. Would you prefer to continue with infertility treatment before seriously pursuing adoption?

- [ ] Yes, I want to
- [ ] No, I don’t want to
- [ ] My partner wants to, but I don’t
- [ ] My partner does not want to, but I do
- [ ] Not sure

20. How long are you willing to wait to adopt?

- [ ] Up to six months
- [ ] Six months to 1 year

- [ ] 1 year to 2 years
- [ ] 2 to 3 years
- [ ] However long it takes

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