

Free Adoption Shopping List

Free shopping and preparation checklist for adopting a baby or child. This list includes all the things you need to buy to bring your new child home.



For Your Adoption Travel

- ☐ Luggage
- ☐ Diaper bag
- ☐ Bags for dirty/soiled clothes
- ☐ Laundry detergent (travel size)
- ☐ Travel-size first aid kit
- ☐ Gifts for your child's birth parents (check with your adoption attorney first to make sure it's allowable per state laws)

Gear and Travel

- ☐ Stroller and/or umbrella stroller
- ☐ Stroller accessories, such as a rain cover, sun shade, foot muff, and hooks for bags or purses
- ☐ Convertible car seat
- ☐ Car seat accessories, like a mirror, sun shade for the windows, and car seat cover
- ☐ Pack N Play Playard and two to three play yard sheets
- ☐ Diaper bag

Nursery and Décor

- ☐ Crib and crib mattress (or a toddler bed, depending upon the age of the child you're adopting)
- ☐ Waterproof mattress pads (2-3)
- ☐ Fitted crib sheets
- ☐ Crib sheet protectors (2-3)
- ☐ Color-coordinated valance, dust ruffle, quilt, etc
- ☐ Dresser
- ☐ Storage bins or baskets
- ☐ White noise sound machine
- ☐ Laundry hamper
- ☐ Child-sized hangers (12-15)

Feeding

- ☐ Toddler bowls, plates, and utensils
- ☐ Toddler cups and sippy cups (6-8)
- ☐ High chair
- ☐ Booster seat for dining out
- ☐ Bibs (8-10)
- ☐ Snack dispenser

Bath and Potty

- ☐ Bathtub
- ☐ Shampoo
- ☐ Rinse cup for shampoo
- ☐ Bath toys
- ☐ Mat for parents to kneel on
- ☐ Hooded towels (4-6)
- ☐ Baby washcloths (7-8)
- ☐ Diapers (in various sizes)
- ☐ Diaper pail
- ☐ Wipes

☐ Diaper rash ointment

Safety and Health

- ☐ Baby monitor
- ☐ Safety gates
- ☐ Safety locks and outlet covers
- ☐ Humidifier
- ☐ Thermometer
- ☐ Nasal bulb
- ☐ First Aid kit
- ☐ Baby or child toothbrush and toothpaste
- ☐ Nail clippers
- ☐ Brush and comb
- ☐ Night light
- ☐ Shopping cart cover

Toys and Learning

- ☐ Books
- ☐ Activity mat or walker
- ☐ Stuffed animals
- ☐ Walk-behind toy
- ☐ Extra batteries!

Clothing and Linens

- ☐ Undershirts (4-6)
- ☐ Seasonal clothing, such as jackets and swim suits
- ☐ Socks (9-12 pairs)
- ☐ Shoes (2-3 pairs)
- ☐ Outfits (4-6)
- ☐ Footie pajamas (4-8)
- ☐ Pants (4-8 pairs)