CONSTRUCTION SAFETY CHECKLIST



Personal Protective Equipment:

- [ ] Hard hats
- [ ] Boots
- [ ] Hearing Protection
- [ ] Eye Protection
- [ ] Respiratory Protection

Ladders:

- [ ] Correct size for the job
- [ ] Fully opened and spreader bars locked
- [ ] Firm foundation for ladder feet
- [ ] Proper climbing procedures
- [ ] Three-point contact rule followed
- [ ] Free from obvious defects
- [ ] Workers stand below top 2 steps
- [ ] Extend more than three feet above support

Scaffolds:

- [ ] Fall protection used if over 10 feet tall
- [ ] Set up on level, stable footing
- [ ] Platform is appropriate width for type of scaffold

Fall Protection:

- [ ] Fall protection provided for heights 6 ft. or more
- [ ] Harness is worn properly and attached to secure anchorage
- [ ] Slide guards are installed across full width and all sides
- [ ] Guardrails set up for openings >6’ above lower level
- [ ] Guardrails are constructed sturdily with 2 x 4s

Machine Hazards:

- [ ] Workers are trained on the use of power tools.
- [ ] Workers have appropriate PPE and keep clothing away
- [ ] Workers are trained prior to using nail guns.
- [ ] Tile and concrete are cut with wet methods.

Heat Stress:

- [ ] Have workers been trained on preventing and recognizing heat-related illness?
- [ ] Are workers provided with enough water and appropriate rest breaks?

Lead Paint Hazards:

- [ ] Have workers been trained on handling lead dust?
- [ ] Is the work area properly contained?

Electrical Hazards:

- [ ] Work on electrical circuits or energized equipment is begun only after all power sources have been identified, de-energized and locked out or tagged out.
- [ ] Overhead and underground electrical power lines are located, identified, and avoided.
- [ ] Ladders, scaffolds, equipment or materials more than 10 feet from any electrical power lines.

Excavations:

- [ ] Soil and conditions are inspected everyday
- [ ] Safe exits (ladders) for excavations greater than 4 ft. deep
- [ ] Shoring, shielding, and inclination assessed for excavations greater than 5 ft. deep

Actions or Changes

- [ ] Talked to your organizers about health and safety concerns and possible changes/training
- [ ] Talked to co-workers about health or safety concerns.
- [ ] Talked to foreman or contractor about health or safety concerns
- [ ] Suggested changes in equipment or procedures to co-workers
- [ ] Asked foreman or contractor for changes in equipment or procedures
- [ ] Asked foreman or contractor for training for self and/or co-workers

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