

Hospital Stay Patient Checklist

Checking in to a hospital overnight? Here's a checklist for your stay to make your stay as comfortable as possible.



- ☐ Get to know your nurses and aides.
- ☐ Make names a must in all hospital interactions.
- ☐ Consider your hospital room your temporary home.
- ☐ Make cleanliness in your room a priority.
- ☐ Consider a visit from your pastor, priest, minister, imam, rabbi, shaman, guru, monk or any other type of spiritual counselor.
- ☐ Create a master medication list.
- ☐ Know your daily medication schedule.
- ☐ Create a daily journal.
- ☐ Wash your hands frequently.
- ☐ Keep hydrated. Patients can easily forget to drink water.
- ☐ Express thanks to your doctors, nurses and aides for their help.
- ☐ Find a patient representative, case manager or social worker who can help you with questions and concerns.
- ☐ Be considerate of your roommate.
- ☐ Try to laugh every day!