1K Masterclass Module 2 Checklist

What's In Your Way?



- [ ] Video Lesson: Expert Session: Bob Hamp- Levels of The Brain
- [ ] Levels of The Brain: Complete Active Processing Worksheet or take notes during video and reflect/apply.
- [ ] Levels of The Brain: Share thoughts/reflection with Pod or Community
- [ ] Video Lesson: Understanding Outcomes. Use General Active Processing Worksheet. Apply the process to the major outcomes you want to see in this course. What is the responsibility of the course administration? What is your responsibility? What is God's responsibility?
- [ ] Understanding Outcomes: Share thoughts/reflection with Pod or Community
- [ ] Share any thoughts you want feedback on, or any questions you have with your pod.
- [ ] Belief, Foundation, Structures: Complete Active Processing Worksheet or take notes during video and reflect/apply.
- [ ] Belief, Foundation, Structures: Share thoughts/reflection with Pod or Community Processing Post
- [ ] Video Lesson: New Paradigm of Flow
- [ ] New Paradigm of Flow: Zoom Replay, Worksheet available in portal for notes and processing.
- [ ] New Paradigm of Flow: Work-Life Joy Wheel, Print and Complete Process described in lesson.
- [ ] New Paradigm of Flow: Share thoughts/reflection with Pod or Community Processing Post
- [ ] Choose 2 ways you will begin to move away from the concept of balancing life and towards being guided by your satisfaction/joy in the areas of your life. Write them down or share with pod/community.
- [ ] Video Lesson: 80/20 Mindset shift (second half of zoom replay with New Paradigm of Flow)
- [ ] 80/20 Mindset Shift: Complete Active Processing Worksheet or take notes during video and reflect/apply.
- [ ] 80/20 Mindset shift: Share thoughts/reflection with Pod or Community Processing Post.
- [ ] Begin thinking of what would be on a daily routine designed to help you grow inwardly (the 80%) for greater success in

business and life. How much time do you have? Where would you want that time positioned in your day? What would you want to gain from it most?

- [ ] Connect with your pod & check in with your challenges, successes and thoughts on Module 12

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