

Summer Camp Kit List

Essentials

- Rucksack–70 litres with well-padded straps (no suitcases please)
- Plastic water drinking bottle (preferably with a sports top, rather than a twist-off top)
- Bowl with a sealing lid, if possible
- Spoon & fork
- Hard plastic/metal cup or mug
- Sleeping bag
- Ground mat (to act as a mattress and protection for the sleeping bag)
- Good hiking boots or trainers (waterproof or water-resistant would be preferable)
- Waterproof outer clothing i.e., top (raincoat)& waterproof trousers (should also be breathable, impossible)
- Pocket tissues
- Any medication currently being taken (e.g. asthma pumps, etc.)
- Torch & batteries
- Quran

Clothes

- 2 extra pairs of socks
- 1 extra set of clothes (trousers, top and underwear)
- Zip-up cardigan, fleece top or sweater
- Sleeping clothes

Hygiene

- Toothpaste/toothbrush
- Small towel
- Soap/shower gel
- Toiletry bag for storing above items
- Additional personal hygiene products

Additional

- Spare plastic bags (carrier bags/black bin bags to store dirty and wet clothes)
- Comb
- Sandals for use in the toilets and showers
- Hat (woollen or fleece for winter camps or baseball or sunhat for summer camps)
- Spending money
- Notebook and pens/pencils

Sun glasses/sun cream

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