8 Health Benefits of Using a Dehumidifier

The rooms in your house, let alone outdoors, are constantly heavy with moisture and become a breeding ground for seasonal allergies. Take these steps to remove moisture from your home and read our blog: https://blog.facentials.com/8-health-benefits-of-using-a-dehumidifier/

- [ ] 1. Identify where the moisture is coming from. Is it a leaky pipe? Is it in the walls? Or it's just humidity from the weather.
- [ ] 2. Look into buying a dehumidifier for your home. You may need to buy one for your basement and another one for your living areas.
- [ ] 3. Let the dehumidifier run for several days to really feel the effects. It does take time for the machine to work.
- [ ] 4. Consider getting Activated Charcoal Purifying Bags to compliment your dehumidifier. Activated Charcoal also draws out moisture from the air naturally.
- [ ] 5. Also use the dehumidifier next to your bathroom after taking a shower or bath to prevent the growth of mold.

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