

A 40L Packing List for All Climates

This packing list is for those among us, who travel wildly. It's for those who go to destinations where there isn't air conditioning, where there are cold showers, dramatically changing weather and an itinerary that changes with the wind. If this is your travel style, you need this packing list.

{Hot tip: Copy/save this list and customize by adding new items and replacing others!}



Outerwear

- ☐ Rainshell - This has to be a sturdy, light layer that packs easily.
- ☐ Packable Insulated Jacket
- ☐ Extra-warm Hoodie
- ☐ Scarf <https://herpackinglist.com/speakeasy-hidden-pocket-travel-scarves/>
- ☐ Buff <https://herpackinglist.com/the-one-little-thing-buff/>
- ☐ Beanie
- ☐ Light Gloves
- ☐ Sunglasses

Tops

- ☐ Long Sleeves (shirts or cardigans)
- ☐ T-shirts
- ☐ Tank Tops

Pants

- ☐ Hiking Pants
- ☐ Jeans <https://herpackinglist.com/should-i-pack-my-jeans/>
- ☐ Leggings
- ☐ Demin Shorts
- ☐ Athletic Shorts

Shoes

- ☐ Hiking Boots
- ☐ Sneakers
- ☐ Flip-Flops

Baggage

- ☐ Backpack <https://herpackinglist.com/osprey-porter-46l-review/>
- ☐ Day Pack <https://herpackinglist.com/rei-stuff-travel-pack-review/>
- ☐ Wallet with Wristband
- ☐ Packing Cubes <https://herpackinglist.com/how-to-use-packing-cubes/>

Fun, Girly, Basics

- ☐ 1 Dress or Skirt
- ☐ Swimsuit
- ☐ One Statement Necklace
- ☐ Several Pairs of Earrings

Toiletries

- ☐ Shampoo Bar
- ☐ Leave-in Conditioner
- ☐ Dry Shampoo
- ☐ Tinted Chapstick
- ☐ Bug Spray
- ☐ Deodorant
- ☐ Sunscreen
- ☐ Make-up Remover/Face Wash Wipes

☐ Moisturizer

☐ Toothy Tabs

Medicine

☐ Allergy tabs, Ibuprofen, a sleep-aid and Vitamin C

Gadgets

☐ Plug Adaptor

☐ Good Camera

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